



# Information about Kalyna Care

“Knowing and understanding your story, supporting your choices and quality of life with personal and compassionate care.”

## **KALYNA CARE**

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## ABOUT US

At Kalyna Care your story and traditions are part of the way you live.

Living with people who know and understand you makes life easier for you and your loved ones.

Located in the western suburbs of Melbourne Kalyna Care is a community based not for profit organisation that understands your needs for personal and compassionate Aged care. Kalyna care gives you a connection with your traditions and who you are. Food, language, folk lore history, heritage and beliefs are all part of making a connection to you and your story.

Kalyna Care is fully accredited and provides low level, high level and dementia specific care.

Our Home is purpose built and comprises of 102 generous size single rooms with ensuites. The facility has an eastern European ambience and many of our staff are bilingual.

Kalyna Care offers a range of lifestyle options and is safe for people who wander. The building is centrally heated and all public areas are airconditioned.

There are suitable outdoor areas, including a raised garden bed, for residents and their representatives to enjoy.

## CARE AND COMPANIONSHIP

Kalyna Care provides accommodation, full board, personal care and 24 hour supervision.

Before moving into Kalyna Care, you will first need an assessment with a member of the Aged Care Assessment Team (ACAS). A member of the ACAS will talk to you about your current situation and help work out what your options are. To find your local ACAS or for more information about ACAS assessment, call My Aged Care on **1800 200 422** or visit [myagedcare.gov.au](http://myagedcare.gov.au).

Relatives and friends of residents are encouraged to visit and be as involved in caring for their loved one as they wish to be. Relatives and significant others are involved in the care planning process and individual care plans are reviewed with the resident and/or their representative on a regular basis. Both residents and their visitors are able to relax and enjoy the homely surroundings and amenities of our Home. The dining room is open to visitors and meals can be obtained for a nominal fee by prior arrangement. Relatives and friends are also encouraged to take resident's home or for outings and health permitting, residents may go on a holiday if they so wish.

## EACH ROOM HAS THE FOLLOWING:

- ❑ Ensuite with thermostatically controlled shower, a toilet, hand basin and cupboards
- ❑ Hand-rails in the shower and next to the toilet
- ❑ Nurse-call buttons in the shower, toilet and bedroom, in case of an emergency
- ❑ Quality floor coverings and window furnishings
- ❑ Individually controlled heating
- ❑ Built-in wardrobes and generous storage
- ❑ Bedside console
- ❑ Ceiling Fans
- ❑ Light fittings, including a reading lamp
- ❑ Wiring for private telephone connection \*
- ❑ Antenna point for a private television set
- ❑ An electric hi/lo bed, mattress, sheets, towels, pillow and pillow slips, bed cover, table and chair \*\*

\* If a resident wish to have a private telephone in their room, they must make an application to their preferred carrier. All costs association with the connection are the responsibility of the resident.

\*\* **Residents** may bring their own bedding, an easy chair, some other small items of furniture and their treasured ornaments and mementoes; however; prior approval must be obtained from the Residential Services Manager.



## **OTHER FACILITIES**

- ❑ The Home has a specially equipped room for use by visiting doctors.
- ❑ Physiotherapists, podiatrists and other service people are able to use this room by prior appointment. It should be noted that these services maybe user pays depending on the assessed level of care.
- ❑ Hairdressing room.
- ❑ A pay phone is situated near the foyer for residents' use. A Kiosk is operational two days a week.
- ❑ Non-slip handrails are provided in the corridors and public toilets for people with mobility difficulties.
- ❑ Whenever possible, outings are organised for residents and the facility has its own bus equipped with a wheel chair hoist.
- ❑ Regular church services are held in the Chapel by the Ukrainian Catholic and Orthodox priests.

## **VISION, MISSION, VALUES & PHILOSOPHY**

### ***VISION***

Enabling the health, wellbeing and lifestyle of people who are ageing.

### ***MISSION***

To provide innovative and responsive aged care and health care services that are founded on our Ukrainian heritage and traditions.

### ***VALUES***

RESPECT – for and with; those we care for, those we work with and those with whom we have involvement:

- I** Improvement
- R** Respect
- E** Empathy
- S** Support
- P** Privacy and Dignity
- E** Equity and Encouragement
- C** Compassion
- T** Trust
- U** Understanding

### ***OUR PHILOSOPHY***

We believe in providing a flexible and innovative approach to care that respects and embodies cultural diversity through empowerment, autonomy, passion and a positive customer experience.



## **WHAT WILL IT ALL COST**

The Australian Government pays for the bulk of aged care in Australia. But, as with all aged care services, it is expected you will contribute to the cost of your care if you can afford to do so. You will never be denied the care you need because you can't afford it.

When moving into an aged care home you may be asked to pay towards your care, accommodation and daily living costs. Fees are payable per calendar month, one (1) month in advance.

## **WHAT TYPE OF COSTS ARE THERE?**

### **□ A BASIC DAILY FEE.**

BASIS DAILY FEE INCLUDES:

- Three (3) meals per day; morning afternoon tea and supper
- Coffee and tea facilities are available at all times in the main dining and kitchenette areas
- Provision of the emergency call button and maintenance of the system
- Staff assistance 24 hours a day
- Heating, air-conditioning, lighting, power
- Changing of bed linen and towels
- Cleaning of resident's rooms
- Laundry Services
- Administration of medication
- Costs associated with the running and administration of the Home
- Provision of equipment such as wheelchairs, walking frames etc (depends on the level of care)
- Referral to specialists as required
- Electricity
- Street and security lighting
- Maintenance and repair of the Home and rooms
- Maintenance of the grounds, parking lots and internal roads
- Cleaning of the Home as a whole

Under the Aged Care Act 1997, the standard pensioner contribution is approximately 85% of the basic single rate pension (\$50.66 per day from 20<sup>th</sup> September 2018). This amount will be indexed in line with the age pension. The standard non-pensioner resident contribution is \$56.59 per day from 20<sup>th</sup> September 2018 plus an additional means tested care fee.

### **FULL PENSIONER:**

Maximum Daily Fee: \$50.66 per day

### **PART PENSIONER:**

Maximum Daily Fee: \$50.66 per day

### **NON PENSIONER:**

Maximum Daily Fee: \$56.59 per day

- **A MEANS –TESTED CARE FEE.** This is an additional contribution towards the cost of care that some people may be required to pay. The Department of Human Resources (Centrelink) or Department of Veterans' Affairs (DVA) will work out if you are required to pay this fee based on an assessment of your income and assets, and will advise you of the amount. These fees are subject to both annual and lifetime caps which will be updated by Centrelink as the caps include all means tested care fees in both residential and home care. The annual cap is \$26,964.71. Once a resident reaches the annual cap, they will no longer have to pay any means tested care fees until the next anniversary of the date they first entered aged care. The lifetime cap is \$64,715.36.
- **AN ACCOMMODATION PAYMENT.** This is for your accommodation in the home. Some people will have their accommodation costs met in full or part by the Australian Government, while others will need to pay the accommodation price agreed with Kalyna Care. Centrelink will advise you which applies to you based on an assessment of your income and assets.

□ **FEES FOR EXTRA OR ADDITIONAL OPTIONAL SERVICES.** Additional fees may apply if you choose a higher standard of accommodation or additional services. Outlined below are Kalyna Care's additional fee options

- Gift pack on arrival
- Special occasion gift packs
- Flannelette Sheets
- 1000 thread count sheets
- Non-standard pillows
- Deluxe toiletries
- Fresh flowers weekly
- Choice of wine, beer and soft drinks with all main meals
- Massage services
- Ordering of fast food
- Catering for special occasions
- Enhanced dining room experience
- Gourmet breakfast in room
- Selection of light meals, snacks and non-alcoholic beverages 24 hours per day
- DVD/music library
- Venue hire for special occasions
- Daily newspaper delivery
- Provision of escorts to external appointments
- Picnic hampers
- Meals are available for guests on request

**ACCOMMODATION PAYMENTS – REFUNDABLE ACCOMMODATION DEPOSIT (RAD) & DAILY ACCOMMODATION PAYMENT (DAP)**

**ACCOMMODATION PAYMENTS- INFORMATION FOR RESIDENTS AND CARERS**

New rules governing accommodation payments became effective on 1 July 2014.

Residents who enter permanent care at Kalyna Care with an Aged Care Assessment Team approval for residential care AFTER 1 July 2014 have the choice of paying a Refundable Accommodation Deposit (RAD) or a Daily Accommodation Payment (DAP) or a combination of both. Residents may change their choice of payment up to 28 days after admission.

**WHAT IS A REFUNDABLE ACCOMMODATION DEPOSIT?**

A refundable accommodation payment is an amount of money paid or payable by a resident for entry to residential care. The balance of the refundable accommodation payment (after agreed deductions have been drawn down) will be refunded to the resident or their estate on termination of the agreement for residential services.

**WHAT IS A DAILY ACCOMMODATION PAYMENT?**

A daily accommodation payment is an amount calculated by converting the refundable deposit payment into a daily charge using the maximum permissible interest rate that applied at the time of admission. Under the previous accommodation bond rules, this was known as a periodic payment. The method of calculating the daily amount has not changed under the new rules.

Room Types	Konvalyia	Sosna
Maxium RAD	\$550,000	\$500,000
Maxium DAP	\$89.91	\$81.64
Room Size	16.70m <sup>2</sup>	16.10m <sup>2</sup>

There are a number of ways the Accommodation payments can be made including the entire amount as one lump sum or part lump sum and part daily payment

**Example of Combination Payment for Konvalyia 50% lump sum (RAD) and 50% daily payment (DAP)**

RAD 50% of \$550,000 = 275,000 Lump sum plus  
DAP 50% of \$550,000 = 275,000 as a non refundable daily payment of \$44.90

**Example of Combination Payment for Sosna 50% lump sum (RAD) and 50% daily payment (DAP)**

RAD 50% of \$500,000 = 200,000 Lump sum plus  
DAP 50% of \$500,000 = 250,000 as a non refundable daily payment of \$40.82

A fees calculator is available on the My Aged Care website at [www.myagedcare.gov.au](http://www.myagedcare.gov.au)



### INCOME FREE AREA (ANNUAL AMOUNT)

Annual Income up to these amounts is excluded from the income test component of the residential means test.

Income Free Area (single person)	\$26,985.40
Income Free Area (couple, illness separated, single rate)	\$26,465.40

### ASSET THRESHOLDS RESIDENTIAL CARE MEANS TEST

Asset Free Threshold	\$49,000
First Asset Threshold	\$166,707.20
Second Asset Threshold	\$402,121.60
Maximum Accommodation Supplement Amount	\$56.59

### MEDICAL PRACTITIONERS

Residents are encouraged to use the services of a doctor of their own choice. In case of an emergency, it is desirable for the resident's doctor to be available at any time. The administration reserves the right to call another doctor, should the resident's own doctor be unavailable in an emergency.



At Kalyna Care your story is important to us.

The **Your Story** book of residents' stories can be found on our web site  
[www.kalynacare.com.au](http://www.kalynacare.com.au)

Thank you for your interest in Kalyna Care

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