

NOVEMBER 2018

Leisure & Lifestyle Calendar



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Wk2								
		<p>Morning Tea - 10.30am Lunch - 12.00pm (Konvalyia 12:30pm) Afternoon Tea - 2.30pm Dinner - 5.00pm (Konvalyia 5:30pm)</p>				<p>1 9:30am - Memory game with whiteboard in Topolya 11:00am - Ukrainian Catholic Mass 1:30pm - Visitations/ Walks 3:00pm - Sewing Club in Konvalyia 3:00pm - Bingo in Hall 4:00pm - Visitations/ Walks</p>	<p>2 9:30am - Community Morning Tea 1:30pm - Visitations / Walks 1:30pm - Bowling in Sosna 3:00pm - Choir practise in Konvalyia 4:00pm - Visitations / Walks</p>	<p>3 9:30am -Knitting in Konvalyia 11:00am - Chair Exercises in Hall Family Day</p>
Wk1	4	5	6	7	8	9	10	
	<p>Ukrainian Catholic Mass Live Feed on TV Family Day</p>	<p>9:30am - Poetry Club in Konvalyia 11:00am - Chair Exercises in Hall 1:30pm - Bingo in the Hall 1:30pm - Visitations/ Walks 3:00pm - Chair yoga in Konvalyia 4:00pm - Visitations/ Walks</p>	<p>Melbourne Cup 9:30am - Craft- Melbourne Cup 11:00am - Chair Exercises in Hall 1:30pm - Visitations / Walks 2:30pm - Melbourne Cup Celebrations in Konvalyia 4:00pm - Visitations / Walks</p>	<p>9:30am - Garden club 11:00am - Chair Exercises in Hall 1:30pm - Baking scones 1:30pm - Visitation/Walks 3:00pm - Bingo in Hall 3:00pm - Seated Aerobics- Topolya 4:00pm - Visitations/ Walks</p>	<p>9:30am - Ball activity / singing in Topolya 11:00am - Ukrainian Catholic Mass 1:30pm - Orange juice making in Sosna 1:30pm - Visitations/ Walks 3:00pm - Bingo in Hall 4:00pm - Visitations/ Walks</p>	<p>9:30am - Reading Club 10:00am - Shopping Keilor Downs 11:00am - Chair Exercises in Hall 1:30pm - Visitations/Walks 2:30pm - Zabava dance afternoon in Konvalyia 4:00pm - Visitations / Walks</p>	<p>9:30am - Walking Group 11:00am - Chair Exercises in Hall Family Day</p>	
Wk2	11	12	13	14	15	16	17	
	<p>11.00 Ukrainian Catholic Mass Family Day</p>	<p>Watering the raised gardens 9:30am - Table games in Hall 11:00am - Chair Exercises in hall 1:30pm - Bingo in the hall 1:30am - Visitations / Walks 3:00pm - Making Fruit salad & Rum balls in Topolya 4:00pm - Visitations/ Walks</p>	<p>HAIRDRESSER 9:30am - Sewing Club 11:00am - Chair Exercises in hall 1:30pm - Poetry club 2:00pm - Food Focus & Residents' meeting 3:30pm - Bingo in hall</p>	<p>9:30am - Card games in Topolya 11:00am - Chair Exercises in hall 1:30pm - Visitations/ Walks 1:30pm - Craft activity in Konvalyia 3:00pm - Seated Aerobics-Topolya 3:00pm - Bingo in the hall 4:00pm - Visitations/ Walks</p>	<p>9:30am - Choir Practise in Konvalyia 11:00am - Visitations/ Walks 11:00am - Ukrainian Catholic Mass 1:30pm - Visitations/ Walks 1.30pm - Reading Club 3:00pm - Bingo in Hall 4:00pm - Visitations/ Walks</p>	<p>Watering the raised gardens 9:30am - Bus outing 11:00am - Chair Exercises - Hall 1:30pm - Visitations / Walks 1:30pm - Making Varenyky in Sosna 4:00pm - Visitations/ Walks</p>	<p>9:30am - Craft in Konvalyia 11:00am - Chair Exercises in Hall Family Day</p>	
Wk1	18	19	20	21	22	23	24	
	<p>Ukrainian Catholic Mass Live Feed on TV Family Day</p>	<p>9:30am - Writing Club in Konvalyia 11:00am - Chair Exercises in Hall 1:30pm - Bingo in hall 1:30pm - Visitations/ Walks 3:00pm - Baking Banana muffins with icing 4:00pm - Visitations/ Walks</p>	<p>9:30am - Craft activity in Sosna 10:00am - Essendon Pension club 11:00am - Chair Exercises in Hall 1:30pm - Visitations/Walks 3:00pm - Bingo in Hall 3:00pm - Card games in Topolya 4:00pm - Visitations/Walks</p>	<p>9:30am - Garden Club 11:00am - Chair Exercises in Hall 1:30pm - Visitations/Walks 3:00pm - Bingo in Hall 3:00pm - Seated Aerobics in Topolya</p>	<p>9:30am - Table games in Hall 11:00am - Ukrainian Catholic Mass 11:00am - Visitations/ Walks 1:30pm - Craft activity in Sosna 1:30pm - Visitations / Walks 3:00pm - Bingo in Hall 4:00pm - Visitations/ Walks</p>	<p>9:30am - Table games in Hall 10:00am - Shopping Keilor Downs 11:00am - Chair Exercises - Hall 2:00pm - Holodomor Remebrance Commemoration 4:00pm - Visitations/Walks</p>	<p>9:30am - Knitting in Konvalyia 11:00am - Chair Exercises in Hall Family Day</p>	
Wk2	25	26	27	28	29	30		
	<p>Ukrainian Catholic Mass Live Feed on TV Family Day</p>	<p>9:30am - Chair yoga in Konvalyia 11:00am - Roman Catholic Mass in Hall 1:30pm - Visitation/Walks 1:30pm - Bingo in Hall 3:00pm - Choir practise in Sosna 4:00pm - Visitations/ Walks</p>	<p>HAIRDRESSER 9:30am - Poetry Club in Topolya 11:00am - Chair Exercises in Hall 1:30pm - Visitations/Walks 1:30pm - Making Sandwiches in Sosna 3:00pm - Bingo in Hall 4:00pm - Visitations/Walks</p>	<p>9:30am - Baking zucchini slices in Sosna 11:00am - Chair Exercises in Hall 1:30pm - Visitations/ Walks 3:00pm - Bingo in Hall 3:00pm - Seated Aerobics in Topolya 4:00pm - Visitations/ Walks</p>	<p>9:30am-Table games in Hall 11:00am - Chair Exercises in Hall 1:30pm - Visitations / Walks 3:00pm - Bingo in Hall 3:00pm - Chair yoga in Konvalyia 4:00pm - Visitations / Walks</p>	<p>9:30am- Choir Practise in Konvalyia 11:00am - Chair Exercises in Hall 1:30pm - Visitations / Walks 3:00pm - Painting in Sosna 4:00pm - Visitations / Walks</p>		