



September Newsletter 2018



here's what's going on!

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Multicultural social club - Friday 5th October - 2:00pm - in Hall

Indian Independence Day

August 15th saw the Konvalyia dining and lounge room transformed with Indian music playing, fabric and jewellery on the tables and our new German volunteers dressed in traditional Indian clothing. Staff volunteers provided wonderfully tasting traditional Indian sweet and savoury food which was enjoyed by everyone. We even had an impromptu Bollywood dance lead by one of our carers, Kim who was dressed in a beautiful sari and gave each of the staff and volunteers our own jewelled bindi (coloured spot placed between the eyes). The residents (and staff) thoroughly enjoyed tasting the various food items provided and spending time getting to know another culture.



Fathers' Day Raffle

The raffle was drawn on Friday 31st August during the Fathers' Day Afternoon Tea in the Konvalyia Wing. The winners were Sim - a personal carer and Mark - our accountant. Sim's husband was very happy to collect her winning hamper. Each hamper contained many goodies and included a \$750 voucher for a professional photography session with Artist Photographer and a professionally mounted family portrait. Congratulations to our winners! On Fathers' Day Sunday, our male residents were also each given a gift of socks - most with happy faces.



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Happy Birthday

Roman Pavlyshyn
Bohdan Chorkawyj
Janko Kozul
Mihajlo Hladun
Djuro Jovanovic
Olga Keryk
Alexandra Pavlyshyn
Frank Ekladious
Stefica Najda



These Residents will be celebrating their birthday in October

WE BID A FOND FAREWELL TO

Maria Melynk
Jewdokia Soroka



May they Rest in Peace

Ukrainian Catholic Mass

Thursday 20th September
Thursday 27th September
Thursday 4th October
Thursday 11th October
Thursday 18th October

Croatian Catholic Mass

Tuesday 2nd October

Roman Catholic Mass

Monday 24th September



(Please note church services are subject to change without notice).

COMMUNITY AFTERNOON TEA

The next Community Morning Tea will be held on Friday 2nd November in the Hall.

Theme: Spring Carnival Melbourne Cup.



MEETING

The next Resident/ Representative meeting will be held on Wednesday 3rd October at 2.00pm.



Dear, whoever is reading this. Don't forget to smile today.

Our Values

RESPECT – for and with those who we care for, those we work with and those with whom we have involvement.

These values are:
Improvement

- Respect
- Empathy
- Support
- Privacy and Dignity
- Equity and Encouragement
- Compassion
- Trust
- Understanding

HAIRDRESSER

Tuesday 2nd October
Tuesday 16th October
Tuesday 30th October



PODIATRIST

To be Advised



DIETICIAN

Tuesday 30th October



Chicken Hatchlings

Three little chicks and 12 eggs arrived at Kalyna on Monday 27th September, taking residence in the Konvalya lounge room for two weeks. It wasn't long before the eggs started to hatch and our little chicks multiplied. Residents were brought across to visit the



feathery bundles and when they were old enough, they were taken (in baskets) to visit the residents who were unable to come down to

Konvalya. Residents, family and staff all enjoyed watching the little balls of fluff in their brooding box until Friday 7th September when some were purchased by our maintenance manager Boris, while the rest went to their farm.

The hatchlings will be booked again for the same time next year.

Belated Ukrainian Independence Day Celebrations

Our Ukrainian Independence Day celebrations were postponed (due to the Gastro Outbreak on the 24th August) to Friday 7th September. We celebrated the Independence Day with a Community Morning Tea which included performances from our own Kalyna Care Singing Group and guest entertainers Lucy and Yarra Yurkiv. We were also given an insight into the importance of the Ukrainian independence and Ukrainian settlement in Australia by Professor Marko Pavlyshyn. Professor Pavlyshyn is the convener of Ukrainian Studies in Monash University's School of Languages, Cultures and Linguistics and the director of the Monash European and EU Centre. The residents enjoyed the morning full of singing, dancing and food.



Gilson College Students

Around twelve Year Nine students from Gilson College provided a rotating games station activity for our residents on three separate occasions in August. The various games and activities were set up in the hall with two students working with each resident to complete each activity. The hall was abuzz with fun and laughter as the residents were challenged with puzzles, magnetic darts, ball and table games, ping pong and quoits to name a few. The students also spent time visiting the residents in their wings and the garden. The activities were part of Gilson College's Learning for Life Service Program which involves the students in community work. We hope to have them back next year.





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WE ARE ON THE WEB!

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[facebook.com/Kalyna Care](https://facebook.com/Kalyna%20Care)

We offer a variety of documents in many languages, which are available on our document stand located in our foyer. If we don't have the one that you are after on display then please see our receptionist for assistance.

Kalyna Care News:

We welcome your feedback and contributions to Kalyna Care News.
Contact :
Leanne Lancaster on
(03) 9367 8055 or

MONTHLY INVOICING

As per letters being sent to all residents, as from 1 December 2018, all resident fees will be calculated on a daily basis (rather than 1/12 of an annual charge). Invoices will still be raised monthly in advance (as they are now). This means that the November invoices (raised next month) will reflect the new method of calculation. This is following agreement with our auditors, Collins and Co, that the correct method to calculate the resident fees is on a daily basis, instead of a calendar month basis.

If you wish to have further clarification on this matter to contact Pearl Forrester (CEO) or Mark Busuttill (Financial Accountant).

Friendship Wall

A Continuing Very Special Project

Kalyna Care invites you to participate in its Friendship Wall

"Donate a Brick" project

YOUR DONATION OF \$250.00 OR MORE WILL BUY A BRICK IN YOUR, OR A NOMINATED NAME AND BE INCORPORATED INTO THE FRIENDSHIP WALL SITUATED INSIDE THE MAIN BUILDING ENTRANCE.

Your 'special brick' will be highly visible to all who enter and will be a lasting reminder of your generosity and connection to Kalyna Care.

The proceeds from your donation go towards either purchasing equipment or improving the décor of the home to many residents.

We thank you for your kind support



Above is our special fur friend "Pencil" who kindly donated to our Friendship Wall and now has his very own brick.

RECENT OUTBREAK OF GASTROENTERITIS

As you will be aware Kalyna Care unfortunately suffered an outbreak of gastroenteritis during the month of August. This is never a pleasant situation as we are forced to isolate affected residents so as to limit the spread. A number of residents and staff succumbed to the virus. The Brimbank Environmental Health Unit monitors all outbreaks in the region and advised of several outbreaks at Aged and Child Care Facilities during August. The government guidelines that direct our work practices during an outbreak are as follows:

- ◆ Wherever possible, ensure that ill residents are isolated from well residents until 48 hours clear of symptoms
- ◆ Ensure that only food handling staff access the kitchen and other food preparation areas
- ◆ Where possible, in order to reduce the risk of transmission, assign staff to specific duties during an outbreak, rather than allowing them to undertake multiple tasks in several areas
- ◆ Ascertain if any staff have been ill with gastrointestinal symptoms and ensure they are sent home and do not return to work until 48 hours after symptoms have stopped
- ◆ Where possible, ensure there are dedicated staff to care for ill residents, and that these staff don't attend well residents. Also ensure that all staff observe strict hand washing procedures especially between attending residents
- ◆ Use protective clothing such as disposable gloves and plastic aprons
- ◆ Daily cleaning of all contact surfaces with the recommended concentration of household bleach
- ◆ Restrict visitors and traffic through affected areas as this is how the virus travels both within the facility and also out into the community

I commend and thank the staff who did a tremendous job in caring for our residents during the outbreak and contained it within a relatively short time frame. Also a big thank you to our residents representatives who were generally very patient and supportive during the outbreak.