

DECEMBER 2018

Leisure & Lifestyle Calendar



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Wk2	30	31					1 Wk1	
	<p><i>Ukrainian Catholic Mass</i> <i>Live Feed on TV</i></p> <p>Family Day</p>	<p>9:30am - Orange Juice Making and Cake Baking in Sosna (V) 11:00am - Exercises in Hall 1:30pm - Bingo in the Hall 1:30pm - Visitations/ Walks 2:30pm - Ukrainian Zabava in Konvalyia 4:00pm - Visitations/ Walks</p>	<p>Morning Tea - 10.30am Lunch - 12.00pm (Konvalyia 12:30pm) Afternoon Tea - 2.30pm Dinner - 5.00pm (Konvalyia 5:30pm)</p>					<p>9:30am - Kniitng/ Konvalyia 11:00am - Chair Exercises in Hall</p> <p>Family Day</p>
Wk2	2	3	4	5	6	7	8	
	<p><i>Ukrainian Catholic Mass</i> <i>Live Feed on TV</i></p> <p>Family Day</p>	<p>9:30am - Games in Konvalyia (modified beer pong) 9:30am - Quiz in Sosna (O) 11:00am - Roman Catholic Mass 1:30pm - Bingo in the Hall 1:30pm - Cooking in Sosna 3:00pm - Mens' Quiz - Vehicles, Fishing & Occupations 3:00pm - Gardening with volunteers (LK/L)</p>	<p>KIOSK OPEN 9:30am - Craft: Frida Khalo Headbands in Konvalyia 9:30am - Pizza Making in Sosna (LK/T) 11:00am - Croatian Catholic Mass in the hall 12:00pm - Lunch Club in the Library 3:00pm - Bingo in the hall</p>	<p>9:30am - Art & Craft in Topolya (L) 9:30am - Residents' & Representatives' Meeting in the hall 11:00am - Exercises - Hall 1:30pm - Bingo in Hall 3:00pm - Woodworking with the volunteers (O/T) 4:00pm - Visitations/ Walks</p>	<p>9:30am - Word Search in Sosna 9:30am - Charades in Konvalyia (O/L) 10:00am - Seated Aerobics in Topolya 11:00am - Ukrainian Catholic Mass 1:30pm - Visitations/ Walks 3:00pm - Newspaper Reading in Konvalyia 3:00pm - Bingo in Hall</p>	<p>10:30am - Farewell Morning Tea for Deb D'Costa in the hall 1:30pm - Visitations/Walks 1:30pm - Making Varenyky in Topolya 3:00pm - Guitar Playing in Konvalyia (LK) 3:00pm - Tai Chi - Konvalyia Library</p>	<p>9:30am - 'Zonk Game' in Konvalyia 11:00am - Chair Exercises in Hall</p> <p>3:00pm - Verchovyna Performance in the hall</p> <p>Family Day</p>	
Wk1	9	10	11	12	13	14	15	
	<p>11:00am - Ukrainian Sunday Catholic Mass</p> <p>Family Day</p>	<p>9:30am - Choir Practice in Konvalyia 9:30am - Games in the hall (L/T) 11:00am - Exercises in Hall 1:30pm - Bingo in the Hall 1:30am - Visitations / Walks 3:00pm - Sip & Paint in Sosna 3:00pm - Gardening with volunteers (LK/L)</p>	<p>HAIRDRESSER 9:30am - Baking Jello Cakes in Sosna 9:30am - Wheelchair walk with volunteers 11:00am - Exercises in Hall 1:30pm - Art/Craft in Konvalyia 3:30pm - Bingo in Hall 4:00pm - Visitations / Walks</p>	<p>9:30am - Flower arranging in Konvalyia 9:30am - Card Games in Topolya 11:00am - Exercises in Hall 1:30pm - Visitations/ Walks 3:00pm - Bingo in the Hall 4:00pm - Visitations / Walks</p>	<p>9:30am - Memory Game in Konvalyia 10:00am - Seated Aerobics in Topolya 11:00am - Ukrainian Catholic Mass 3:00pm - Bingo in Hall 3:30pm - Baking Scones in Sosna 4:00pm - Visitations/ Walks</p>	<p><i>Watering the raised gardens</i> 9:30am - Bus outing - Location TBA 11:00am - Exercises in Hall 1:30pm - Visitations / Walks 1:30pm - Making Varenyky in Topolya 3:00pm - Tai Chi - Konvalyia Library 4:00pm - Visitations/ Walks</p>	<p>9:30am - Christmas Craft in Konvalyia 11:00am - Chair Exercises in Hall</p> <p>Family Day</p>	
Wk2	16	17	18	19	20	21	22	
	<p><i>Ukrainian Catholic Mass</i> <i>Live Feed on TV</i></p> <p>Family Day</p>	<p>9:30am - Craft: Christmas Pomanders in Sosna 11:00am - Roman Catholic Mass 1:30pm - Bingo in Hall 1:30pm - Cooking in Sosna 3:00pm - Singing Club: Christmas Carols in Topolya 3:00pm - Gardening with volunteers (LK/L)</p>	<p>HAIRDRESSER 9:30am - Craft: Christmas Wreaths in Topolya 11:00am - Exercises in Hall 12:00pm - Lunch Club in the Library 1:30pm - Visitations/Walks 3:00pm - Bingo in Hall 3:00pm - Ball Games in Konvalyia 4:00pm - Visitations/Walks</p>	<p>9:30am - Christmas Craft in Sosna 11:00am - Exercises in Topolya 12:00pm - Konvalyia Residents' Christmas Lunch in the hall 3:00pm - Bingo in Konvalyia 4:00pm - Visitations / Walks</p>	<p>9:30am - Craft: Holly Leaves Christmas Wreaths in Konvalyia 10:00am - Seated Aerobics in Topolya 12:00pm - Sosna, Topolya & MH Residents' Christmas Lunch in the hall 3:00pm - Evergreen hanging Christmas Trees in Sosna</p>	<p>9:30am - Shopping Keilor Downs 11:00am - Exercises in Hall 11:00am - Visitations / Walks 3:00pm - Tai Chi - Konvalyia Library 3:00pm - Guitar Playing in Konvalyia (LK) 4:00pm - Poetry Club & Singing in Konvalyia</p>	<p>9:30am - Christmas Carols Singalong 11:00am - Chair Exercises in Hall</p> <p>Family Day</p>	
Wk1	23	24	25	26	27	28	29	
	<p><i>Ukrainian Catholic Mass</i> <i>Live Feed on TV</i></p> <p>Family Day</p>	<p>9:30am - Christmas Craft - Konvalyia 11:00am - Exercises in Hall 1:30pm - Visitation/Walks 1:30pm - Bingo in Hall 3:00pm - Happy Hour in Topolya 4:00pm - Visitations/ Walks</p>	<p>CHRISTMAS DAY 9:30am - Poetry Club in Topolya 11:00am - Ukrainian Catholic Mass 1:30pm - Visitations/Walks 3:00pm - Bingo in Hall 4:00pm - Visitations/Walks</p>	<p>BOXING DAY 9:30am - Baking Shortbread Biscuits in Sosna 11:00am - Exercises in Hall 1:30pm - Visitations/ Walks 3:00pm - Bingo in Hall 4:00pm - Visitations/ Walks</p>	<p>9:30am - Ball Activity & Singing in Topolya 9:30am - Armchair Travel: Leonie's holiday photos in Konvalyia 10:00am - Seated Aerobics in Topolya 3:00pm - Taste afternoon (Fish & Chips) in Sosna 3:00pm - Bingo</p>	<p>9:30am - Christmas Craft in Konvalyia 11:00am - Exercises in Hall 11:00am - Visitations / Walks 3:00pm - Tai Chi in the Konvalyia Library 3:00pm - Singing Club in Konvalyia 4:00pm - Visitations / Walks</p>	<p>9:30am - Christmas Carols Singalong 11:00am - Chair Exercises in Hall</p> <p>Family Day</p>	

Note: Activities are subject to change. Please check with Lifestyle staff on the day. Bus & shopping trips require a minimum of 5 residents.