








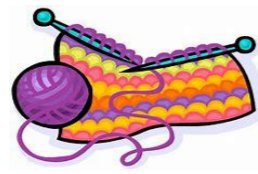


# August 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>9:30am - Wheelchair walks <b>3</b></p> <p>9:30am - Movements with music in MH</p> <p>11:00am - Chair Exercises in hall</p> <p>11:00am - Bean bag toss in MH</p> <p>1:30pm - Puzzles in MH</p> <p>3:00pm - Picture bingo in MH</p> <p>3:00pm - Bingo in hall</p>	<p>9:30am - Wheelchair walks <b>4</b></p> <p>9:30am - Movements with music in MH</p> <p>11:00am - Chair Exercises in hall</p> <p>11:00am - Craft in MH</p> <p>1:30pm - Cooking in MH</p> <p>1:30pm - Bible group in hall</p> <p>3:00pm - Bingo in hall</p> <p>3:00pm - Gardening in MH</p>	<p>9:30am - Wheelchair walks &amp; <b>5</b></p> <p>Movements with music in MH</p> <p><b>Bus Outing</b></p> <p>9:30am - Chair dancing in MH</p> <p>11:00am - Chair Exercises in hall</p> <p>11:00am - Table games in MH</p> <p>1:30pm - Aram chair travel in Hall (Australia)</p> <p>3:00pm - Multicultural club in hall</p> 	<p>9:30am - Movements with music <b>6</b></p> <p>in hall</p> <p>9:30am - Chair dancing in MH</p> <p>11:00am - Church in hall</p> <p>11:00am - Craft in MH</p> <p>1:30pm - Decoration making in T</p> <p>1:30pm - Flower making in MH</p> <p>3:00pm - Bingo in hall</p> <p>3:00pm - Jewelry making in MH</p> 	<p>9:30am - Knitting group in hall <b>7</b></p> <p>9:30am - Movements with music in MH</p> <p>11:00am - Chair Exercises in hall</p> <p>11:00am - Active games in MH</p> <p>1:30pm - Serbian church in hall</p> <p>3:00pm - Happy hour in K</p> 	<p>9:30am - Movements with music <b>8</b></p> <p>in MH</p> <p>11:00am - Chair Exercises in hall</p> <p>1:30pm - Craft in MH</p> <p>3:00pm - Bingo in hall</p> 	<p>11:00am - Ukrainian catholic <b>9</b></p> <p>Church on TV</p> <p>1:30pm - Movie Time in each wing</p> 
<p>9:30am - Wheelchair walks <b>10</b></p> <p>9:30am - Movements with music in MH</p> <p>11:00am - Chair Exercises in hall</p> <p>11:00am - Sifting &amp; sorting Bins</p> <p>2:00pm - Men's club in hall</p> <p>3:00pm - Dice games</p> <p>3:00pm - Bingo in Hall</p> 	<p>9:30am - Sports morning in <b>11</b></p> <p>hall</p> <p>11:00am - Chair Exercises in hall</p> <p>11:00am - Craft in MH</p> <p>1:30pm - Bible group in hall</p> <p>1:30pm - Basketball in MH</p> <p>3:00pm - Bingo in hall &amp; MH</p>	<p>9:30am - Wheelchair walks &amp; <b>12</b></p> <p>Movements with music in MH</p> <p><b>Bus Outing</b></p> <p>11:00am - Chair Exercises in hall</p> <p>11:00am - Table games in MH</p> <p>1:30pm - Aram chair travel in Hall (Croatia)</p> <p>3:00pm - Bingo in hall</p> <p>3:00pm - Table games</p>	<p>9:30am - Movements with <b>13</b></p> <p>music in MH &amp; hall</p> <p>11:00am - Church in hall</p> <p>11:00am - Reminiscing in MH</p> <p>1:30pm - Movie in MH</p> <p>1:30pm - Sip &amp; Paint in MH</p> <p>3:00pm - Bingo in hall</p> <p>3:00pm - Fishing in MH</p>	<p>9:30am - Wheelchair walks <b>14</b></p> <p>9:30am - Movements with music in MH</p> <p>11:00am - Exercises in hall</p> <p>11:00am - Floor games in MH</p> <p>2:00pm - Special India afternoon tea</p>  <p>3:00pm - Bingo in Hall</p> <p>3:00pm - Balloon volleyball in MH</p>	<p><b>Indian Independence Day 15</b></p> <p>9:30am - Movements with music in MH</p> <p>11:00am - Chair Exercises in Hall</p> <p>1:30pm - Craft in MH</p> <p>3:00pm - Bingo in hall</p> 	<p>11:00am - Ukrainian <b>16</b></p> <p>catholic Church on TV</p> <p>1:30pm - Movie Time in each wing</p>
<p>9:30am - Wheelchair walks &amp; <b>17</b></p> <p>Movements with music in MH</p> <p>9:30am - Movements with music in MH</p> <p>11:00am - Chair Exercises in hall</p> <p>11:00am - Embroidery in MH</p> <p>1:30pm - Wellness Therapy in MH</p> <p>1:30pm - Painting in T</p> <p>3:00pm - Bingo in hall</p>	<p>9:30am - Wheelchair walks <b>18</b></p> <p>9:30am - Movements with music in MH</p> <p>11:00am - Chair Exercises in hall</p> <p>11:00am - Craft in MH</p> <p>1:30pm - Bible group in hall</p> <p>1:30pm - Cooking in MH</p>	<p><b>Garden Walk 19</b></p>  <p>9:30am - Wheelchair walks</p> <p><b>Bus Outing</b></p> <p>9:30am - Movements with music in MH</p>	<p>9:30am - Movements with <b>20</b></p> <p>music in hall &amp; MH</p> <p>9:30am - Movements with music in MH</p> <p>11:00am - Church in hall</p> <p>11:00am - Reminiscing in MH</p> <p>1:30pm - Domestic tasks in MH</p> <p>3:00pm - Bingo in hall</p> <p>3:00pm - Gardening in MH</p>	<p>9:30am - Knitting group in <b>21</b></p> <p>hall</p> <p>9:30am - Movements with music in MH</p> <p>11:00am - Chair Exercises in hall</p> <p>11:00am - Table games in MH</p> <p>1:30pm - Croatian Church in hall</p>	<p>9:30am - Movements with <b>22</b></p> <p>music in MH</p> <p>11:00am - Chair Exercises in hall</p> <p>1:30pm - Craft in MH</p> <p>3:00pm - Bingo in hall</p>	<p>11:00am - Ukrainian <b>23</b></p> <p>catholic Church on TV</p> <p>1:30pm - Movie Time in each wing</p>



3:00pm - Bingo in Hall & MH



11:00am - BBQ  
11: 00am - Memory games in MH  
1:30pm - Aram chair travel in Hall (Ukraine)  
3:00pm - Bingo in hall  
3:00pm - Mind games in MH



3:00pm - Happy hour in K



9:30am - Wheelchair walks & **24**  
Movements with music in MH  
9:30am - Movements with music in MH  
11:00pm - Ukrainian Independent day afternoon tea  
1: 30am - Knitting in MH  
3:00pm - Domestic tasks in MH  
3:00pm - Bingo in hall

9:30am - Sports morning in **25** hall  
11:00am - Chair Exercises in hall  
11: 00am - Craft in MH  
1:30pm - Bible group in hall  
1:30pm - Cooking in MH  
3:00pm - Bingo in Hall & MH



9:30am - Floor games in hall **26**  
**Bus Outing**  
9:30am - Movements with music in MH  
11:00am - Chair Exercises in hall  
11: 00am - Table games in MH  
1:30pm - Aram chair travel in Hall (India)  
3:00pm - Bingo in hall  
3:00pm - Dancing in MH

9:30am - Craft in hall **27**  
9:30am - Movements with music in MH  
11:00am - Church in Hall  
11: 00am - Reminiscing in MH  
1:30pm - iPad games in MH  
3:00pm - Bingo in hall  
3:00pm - Lego- building activity in MH

9:30am - Wheelchair walks **28**  
9:30am - Movements with music in MH  
11:00am - Chair Exercises in hall  
11:00am - Craft in MH  
1:30pm - Pamper club in T  
1:30pm - Number games in MH  
3:00pm - Happy hour in K

9:30am - Movements with **29** music in MH  
11:00am - Chair Exercises in hall  
1:30pm - Craft in MH  
3:00pm - Bingo in hall



11:00am - Ukrainian catholic Church on TV **30**  
1:30pm - Movie Time in each wing

9:30am - Wheelchair walks & **31**  
Movements with music in MH  
9:30am - Movements with music in MH  
11:00am - Chair Exercises in hall  
11: 00am - Knitting in MH  
2:00pm - Macedonian club  
3:00pm - Wellness Therapy in MH

Morning Tea - 10:30am  
Lunch - 12:00pm  
Afternoon Tea - 2:30pm  
Dinner - 5:00pm  
Hairdresser - Every Tuesday 9:00am

