






# JUNE 2021



· MONDAY ·	· TUESDAY ·	· WEDNESDAY ·	· THURSDAY ·	· FRIDAY ·	· SATURDAY ·	· SUNDAY ·
	<b>1<sup>st</sup> day OF WINTER!</b> 1 9:30- MORNING WALK/ SENSORY ACTIVITIES 11:00- GENTLE <i>EXERCISES</i> 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- <i>FLOOR GAME/</i> <i>SCENIC DRIVE</i> 3:00- 4:00- REMINISCING	<b>ITALIAN NATIONAL DAY</b> 2 9:30- MORNING WALK/ MONTESSORI ACTIVITIES 11:00- MAKING PIZZA 12:00- SOCIAL AND EMOTIONAL SUPPORT 2:00- ITALIAN DAY CELEBRATION 4:00- ROOM VISITS	3 9:30- MORNING WALK/ SENSORY ACTIVITIES 11:00- CHURCH SERVICE/ REMINISCING 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- ART & CRAFT 3:00-	4 9:30- WALKING GROUP/ AQUA PAINTING 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- ART & CRAFT 2:00- MEN'S CLUB 3:00- 4:00-YOU & ME TIME	<b>WORLD ENVIRONMENTAL DAY</b> 5 9:30- MORNING WALK/ SENSORY ACTIVITIES 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- YOU & ME TIME 3:00- 4:00- ROOM VISITS	6 9:30- MORNING WALK/ SENSORY ACTIVITIES 11:00- MASS ON TV 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30-YOU & ME TIME 2:30- DEMENTIA SPECIFIC ACTIVITIES 3:00- 4:00-READING/REMINISCING
7 9:30- WALKING GROUP/ AQUA PAINT 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- ART & CRAFT 2:30- YOU & ME TIME 3:00- FLOOR GAME 4:00- SENSORY ACTIVITIES	<b>WORLD OCEAN DAY</b> 8 9:30- WALKING GROUP/ ART& CRAFT 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- BOWLING/ <i>SCENIC DRIVE</i> 2:30- <i>ART &amp; CRAFT</i> 3:00- 4:00-YOU & ME TIME	9 9:30- MORNING WALK/ SENSORY ACTIVITIES 11:00- GENTLE EXERCISE & BALL GAME 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30-ART & CRAFT/ MONTESSORI ACTIVITIES 3:00- 4:00- ROOM VISITS	10 9:30-MORNING WALK/ SENSORY ACTIVITIES 11:00-CHURCH SERVICE/ GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- ACTIVITIES OF INTEREST/BAKING WITH ALEKSANDRA 3:00- 4:00-YOU & ME TIME	11 9:30- MORNING WALK/ AQUA PAINT 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 2:00- CELEBRATION OF PHILIPPINES INDEPENDENCE DAY 4:00- ROOM VISITS	<b>PHILIPPINES INDEPENDENCE DAY</b> 12 9:30- MORNING WALK/ SENSORY ACTIVITIES 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- YOU & ME TIME 3:00 - 4:00- REMINISCING	13 9:30- MORNING WALK/ DEMENTIA ENGAGING ACTIVITIES 11:00- MASS ON TV 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30-YOU & ME TIME/SENSORY ACTIVITIES 3:00- 4:00- SENSORY ACTIVITIES
<b>QUEEN'S BIRTHDAY</b> 14 9:30- MORNING WALK/ SENSORY ACTIVITIES 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30-YOU & ME TIME 2:00- QUEEN'S BIRTHDAY /HIGH TEA 3:00- REMINISCING 4:00- YOU AND ME TIME	<b>WORLD ELDER ABUSE AWARENESS DAY</b> 15 9:30- MORNING WALK/ SENSORY ACTIVITIES 11:00- GENTLE <i>EXERCISES</i> 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- FLOOR GAME/ <i>SCENIC DRIVE</i> 3:00- 4:00- ROOM VISITS	16 9:30- MORNING WALK/ MONTESSORI ACTIVITIES 11:00- GENTLE EXERCISE & BALL GAME 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- SINGING & READING SESSION 3:00- 4:00- YOU & ME TIME	17 9:30- WALKING GROUP/ SENSORY ACTIVITIES 11:00- YOU AND ME TIME/ CHURCH SERVICE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- FLOOR GAME/ COOKING WITH KERRY 3:00- 4:00- YOU AND ME-TIME	18 9:30- WALKING GROUP/ AQUA PAINTING 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- ART & CRAFT 2:00- MEN'S CLUB 4:00-YOU & ME TIME	19 9:30- MORNING WALK/ SENSORY ACTIVITIES 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- YOU & ME TIME 3:00- 4:00- REMINISCING	<b>ORTHODOX PENTECOST</b> 20 9:30- MORNING WALK 11:00- MASS ON TV 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- FLOOR GAME 2:30- REMINISCING 3:00- 4:00- ROOM VISITS



<p> <b>MND GLOBAL DAY 21</b> <b>WORLD MUSIC DAY</b></p> <p>9:30- WALKING GROUP/ AQUA PAINT 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- ARRANGING THE FLOWERS 2:30- ART &amp; CRAFT 3:30- BOARD GAMES 4:00- YOU AND ME-TIME</p>	<p>22</p> <p>9:30- WALKING GROUP/ AQUA PAINT 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- BOWLING SCENIC DRIVE 3:00-  4:00- ROOM VISITS</p>	<p>23</p> <p><b>INTERNATIONAL WIDOWS DAY</b></p> <p>9:30- MORNING WALK / SENSORY ACTIVITIES 11:00- ARMCHAIR EXERCISE &amp; BALL GAME 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- ART &amp; CRAFT 2:30- SENSORY ACTIVITIES 3:00-  4:00- YOU AND ME TIME</p>	<p>24</p> <p>9:30- MORNING WALK/ ACTIVITIES OF INTEREST 11:00- CHURCH SERVICE/ GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL 1:30-BOARD GAMES/ COOKING WITH ALEKSANDRA 3:00-  4:00- YOU AND ME-TIME</p>	<p> <b>CROATIAN 25</b> <b>INDEPENDENCE</b> <b>DAY</b></p> <p>9:30- MORNING WALK/ ART AND CRAFT 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL 1:30- SENSORY ACTIVITIES 2:00-CELEBRATION OF CROATIAN INDEPENDENCE DAY 4:00- YOU AND ME-TIME</p>	<p>26</p> <p>9:30- MORNING WALK/ SENSORY ACTIVITIES 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL 1:30- YOU &amp; ME TIME 3:00-  4:00- YOU AND ME TIME</p>	<p><b>PTSD AWARENESS DAY 27</b></p> <p>9:30- MORNING WALK/ DEMENTIA ENGAGING ACTIVITIES(PCA) 11:00- MASS ON TV 1:30-YOU &amp; ME TIME/ ACTIVITY OF INTEREST 3:00-  4:00- ROOM VISITS</p>
<p> <b>CONSTITUTION 28</b> <b>OF UKRAINE DAY</b></p> <p>9:30- MORNING WALK/ SENSORY ACTIVITIES 11:00- GENTLE EXERCISE 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- REMINISCING / ART &amp; CRAFT 3:00-  4:00- YOU &amp; ME TIME</p>	<p>29</p> <p>9:30- MORNING WALK/ SENSORY ACTIVITIES 11:00- GENTLE EXERCISES 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- REMINISCING 2:00-BIRTHDAYS OF THE MONTH CELEBRATIONS 4:00- ROOM VISITS</p>	<p>30</p> <p>9:30- MORNING WALK/ ACTIVITIES OF INTEREST 11:00- GENTLE EXERCISE &amp; BALL GAME 12:00- SOCIAL AND EMOTIONAL SUPPORT 1:30- SINGING &amp; READING SESSION 3:00-  4:00- YOU &amp; ME TIME</p>	<p><b>MORNING TEA- 10:30</b> <b>LUNCH- 12:00</b> <b>AFTERNOON TEA- 2:30</b> <b>DINNER- 5:00</b> <b>PLEASE NOTE THAT THE CALENDAR MAY CHANGE DUE TO UNFORESEEN CIRCUMSTANCES</b></p>			

