




# JULY 2021



# WINTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
 <p><b>SLOVAKIA</b></p> <p><b>BELARUS</b></p>			<p>9:30- MORNING WALK            11:00-CHURCH SERVICE/REMINISCENCE            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- ART &amp; CRAFT/1:1            3:00- MOVIE ON BIG SCREEN            4:00- ROOM VISITS</p>	<p><b>HAPPY BIRTHDAY BONA A.!</b>            9:30- MORNING WALK            11:00- ARMCHAIRS EXERCISES WITH DANCE            12:00- SOCIAL AND EMOTIONAL SUPPORT  <b>2:00-CELEBRATION OF BELARUS INDEPENDENCE DAY</b>            4:00- ROOM VISITS</p>	<p><b>BELARUS INDEPENDENCE DAY</b>            9:30- MORNING WALK            11:00- GENTLE EXERCISE            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- ART &amp; CRAFT/ 1:1            3:00- BINGO            4:00-YOU &amp; ME TIME</p> <p><b>INTERNATIONAL FREE HUGS DAY</b></p>	<p><b>NAIDOC WEEK/ INDEPENDENCE DAY OF UNITED STATE</b>            9:30- MORNING WALK            11:00- MASS ON TV            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- REMINISCENCE            3:00- BINGO            4:00- ROOM VISITS</p>
5	6	7	8	9	10	11
<p>9:30- MORNING WALK            11:00- ARMCHAIRS EXERCISES WITH DANCE            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- Floor game/ 1:1            3:00- BINGO            4:00- ROOM VISITS</p>	<p><b>HAPPY BIRTHDAY LONGIN K.!</b>            9:30- MORNING WALK            11:00- INTERACTION WITH SISTERS OF SAINT BASIL            12:00- SOCIAL AND EMOTIONAL SUPPORT            2:00- SCENIC DRIVE /ART &amp; CRAFT/1:1            4:00- ROOM VISITS</p>	<p><b>WORLD CHOCOLATE DAY</b>            9:30- MORNING WALK            11:00- ARMCHAIRS EXERCISES WITH DANCE            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- QUIET GROUP/1:1            4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK            11:00-CHURCH SERVICE/ GENTLE EXERCISE            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- COOKING SESSION/1:1            3:00- MOVIE ON THE BIG SCREEN            4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK            11:00- ARMCHAIRS EXERCISES WITH DANCE            12:00- SOCIAL AND EMOTIONAL SUPPORT            2:00- MEN'S SOCIAL CLUB/ 1:1            4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK            11:00- GENTLE EXERCISE            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- FLOOR GAME/ 1:1            3:00- BINGO            4:00-YOU &amp; ME TIME</p>	<p>9:30- MORNING WALK            11:00- MASS ON TV            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- FLOOR GAME            3:00- BINGO            4:00- ROOM VISITS</p>
12	13	14	15	16	17	18
<p><b>MALALA DAY</b>            9:30- MORNING WALK            11:00- ARMCHAIRS EXERCISES WITH DANCE            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- ART &amp; CRAFT/ 1:1            3:00- BINGO            4:00-ROOM VISITS</p>	<p>9:30- MORNING WALK            11:00- INTERACTION WITH SISTERS OF SAINT BASIL            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- SCENIC DRIVE/ FLOOR GAME/1:1            3:00- BINGO            4:00- ROOM VISITS</p>	<p><b>HAPPY BIRTHDAY ANA P.!</b>            9:30- MORNING WALK            11:00- ARMCHAIRS EXERCISES WITH DANCE            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- QUIET GROUP/ 1:1            4:00- ROOM VISITS</p>  <p><b>BASTILLE DAY (FRANCE)</b></p>	<p>9:30- MORNING WALK            11:00-CHURCH SERVICE/REMINISCENCE            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30-ART &amp; CRAFT/1:1            3:00- MOVIE ON THE BIG SCREEN            4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK            11:00-ARMCHAIRS EXERCISES WITH DANCE            12:00- SOCIAL AND EMOTIONAL SUPPORT  <b>2:00- CELEBRATION OF SLOVAKIA INDEPENDENCE DAY</b>            4:00- ROOM VISITS</p>	<p><b>SLOVAKIA INDEPENDENCE DAY</b>            9:30- MORNING WALK            11:00- GENTLE EXERCISE            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- REMINISCENCE/ 1:1            3:00- BINGO            4:00-YOU &amp; ME TIME</p> <p><b>THE HAJJ(MUSLIM)</b></p>	<p><b>HAPPY BIRTHDAY HALIMA C.!</b>            9:30- MORNING WALK            11:00- MASS ON TV            12:00- SOCIAL AND EMOTIONAL SUPPORT            1:30- SENSORY ACTIVITIES            3:00- BINGO            4:00- ROOM VISITS</p>

19	20	21	22	23	24	25
<b>9:30-</b> MORNING WALK <b>11:00-</b> ARMCHAIRS EXERCISES WITH DANCE <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>1:30-</b> BOARD GAMES/1:1 <b>3:00-</b> BINGO <b>4:00-</b> ROOM VISITS <b>THE EID AADHA (ISLAMIC)</b>	<b>9:30-</b> MORNING WALK <b>11:00-</b> INTERACTION WITH SISTERS OF SAINT BASIL <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>2:00- PANCAKES BIRTHDAYS CELEBRATION</b> <b>4:00-</b> ROOM VISITS	<b>9:30-</b> MORNING WALK <b>11:00-</b> ARMCHAIRS EXERCISES WITH DANCE <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>1:30-</b> QUIET GROUP/1:1 <b>4:00-</b> ROOM VISITS	<b>9:30-</b> MORNING WALK <b>11:00-</b> CHURCH SERVICE/ GENTLE EXERCISE <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>1:30 -</b> COOKING SESSION/ 1:1 <b>3:00-</b> MOVIE ON THE BIG SCREEN <b>4:00-</b> ROOM VISITS	<b>9:30-</b> MORNING WALK <b>11:00-</b> ARMCHAIRS EXERCISES WITH DANCE <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>2:00-</b> MEN'S SOCIAL CLUB/ 1:1 <b>4:00-</b> ROOM VISITS	<b>COWBOY DAY</b> <b>9:30-</b> MORNING WALK <b>11:00-</b> GENTLE EXERCISE <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>1:30-</b> BOARD GAME <b>3:00-</b> BINGO <b>4:00-</b> YOU & ME TIME	<b>9:30-</b> MORNING WALK <b>11:00-</b> MASS ON TV <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>1:30-</b> MONTESSORI ACTIVITIES <b>3:00-</b> BINGO <b>4:00-</b> ROOM VISITS
26	27	28	29	30	31	1
<b>9:30-</b> MORNING WALK <b>11:00-</b> ARMCHAIRS EXERCISES WITH DANCE <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>1:30-</b> GARDENING SESSION/1:1 <b>3:00-</b> BINGO <b>4:00-</b> ROOM VISITS	<b>HAPPY BIRTHDAY MARTA H.!</b> <b>9:30-</b> MORNING WALK <b>11:00-</b> INTERACTION WITH SISTERS OF SAINT BASIL <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>1:30- CHRISTMAS IN JULY</b> <b>3:00-</b> BINGO <b>4:00-</b> ROOM VISITS	<b>9:30-</b> MORNING WALK <b>11:00-</b> ARMCHAIRS EXERCISES WITH DANCE <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>1:30-</b> QUIET GROUP/ 1:1 <b>4:00-</b> ROOM VISITS	<b>INTERNATIONAL TIGER DAY</b> <b>9:30-</b> MORNING WALK <b>11:00-</b> CHURCH SERVICE/ GENTLE EXERCISE <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>1:30-</b> ART & CRAFT / 1:1 <b>3:00-</b> MOVIE ON A BIG SCREEN/ ROOM VISITS	<b>INTERNATIONAL DAY OF FRIENDSHIP</b> <b>9:30-</b> MORNING WALK <b>11:00-</b> ARMCHAIRS EXERCISES WITH DANCE <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>2:00-</b> MEN'S SOCIAL CLUB/ 1:1 <b>4:00-</b> ROOM VISITS	<b>9:30-</b> MORNING WALK <b>11:00-</b> GENTLE EXERCISE <b>12:00-</b> SOCIAL AND EMOTIONAL SUPPORT <b>1:30-</b> ACTIVITY OF INTEREST/ 1:1 <b>3:00-</b> BINGO <b>4:00-</b> YOU & ME TIME	
MORNING TEA- 10:30      LUNCH- 12:00      AFTERNOON TEA- 2:30      DINNER- 5:00 PLEASE NOTE THAT THE CALENDAR MAY CHANGE DUE TO UNFORESEEN CIRCUMSTANCES. SCENIC DRIVE- EVERY SECOND TUESDAY    COOKING SESSION- EVERY SECOND THURSDAY    UKRAINIAN CHURCH SERVICE – EVERY THURSDAY						