





WINTER

AUGUST

2021

30	31	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY 1
<p>9:30- MORNING WALK 11:00- STRETCH AND FLEX 12:00- YOU & ME TIME 1:30- SOCCER TIME 3:00- QUIET GROUP/ 4:00-ROOM VISITS</p>	<p>9:30- MORNING WALK 11:00- INTERACTION WITH SISTERS OF SAINT BASIL/ STRETCH AND FLEX 12:00- YOU & ME TIME 1:30- PANCAKES BIRTHDAY CELEBRATION 3:00- BINGO 4:00- ROOM VISITS</p>					<p>HAPPY BIRTHDAY ANNA T. & CHARLES M.!</p> <p>9:30- MASS ON TV 11:00 – MORNING WALK 12:00- YOU & ME TIME 1:30- SENSORY ACTIVITIES 3:00- BINGO 4:00- ROOM VISITS</p>
<p>FORGIVENESS DAY 2</p>	<p>HAPPY BIRTHDAY, JEKA J.!</p>	<p>HAPPY BIRTHDAY WLADYSLAWA K.!</p>		<p>BEER DAY </p>		
<p>9:30- MORNING WALK 11:00- STRETCH AND FLEX 12:00- YOU & ME TIME 1:30- BOWLING/ 1:1 3:00- QUIET GROUP/ OLYMPICS TRIVIA 4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK 11:00- INTERACTION WITH SISTERS OF SAINT BASIL/ STRETCH AND FLEX 12:00- YOU & ME TIME 1:30- OLYMPICS GAME COMPETITION 3:00- BINGO/ REMINISCE 4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK 11:00- STRETCH AND FLEX/ SAWING, KNITTING & CROCHET CLUB 12:00- YOU & ME TIME 1:30- SAWING, KNITTING & CROCHET CLUB 4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK 11:00-CHURCH SERVICE/MEANINGFUL ACTIVITIES 12:00- YOU & ME TIME 1:30- LADIES HIGH TEA/ 1:1 4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK 11:00- STRETCH AND FLEX 12:00- YOU & ME TIME 2:00- CULTURAL SOCIAL CLUB/ 1:1 4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK 11:00- GENTLE EXERCISE 12:00- YOU & ME TIME 1:30- ACTIVITY OF INTEREST/ 1:1 3:00- BINGO 4:00-YOU & ME TIME</p>	<p>9:30- MASS ON TV 11:00 – MORNING WALK 12:00- YOU & ME TIME 1:30- REMINISCENCE 3:00- BINGO 4:00- ROOM VISITS TOKYO OLYMPIC CLOSING CEREMONY </p>
<p>WORLD INDIGENOUS DAY 9 </p>						<p> ERRAGOSTO FESTIVAL 15 IAN INDEPENDENCE DAY</p>
<p>9:30- MORNING WALK 11:00- STRETCH AND FLEX 12:00- YOU & ME TIME 1:30- SOCCER GAME/ 1:1 3:00- QUIET GROUP/ INDIAN TRIVIA 4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK 11:00- INTERACTION WITH SISTERS OF SAINT BASIL/ STRETCH AND FLEX 12:00- YOU & ME TIME 2:00- COOKING INDIAN CUISINE 4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK 11:00- STRETCH AND FLEX /COOKING SESSION 12:00- YOU & ME TIME 1:30- INDIAN ART & CRAFT 4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK 11:00-CHURCH SERVICE/REMINISCENCE 12:00- YOU & ME TIME 1:30- INDIAN MOVIE ON THE BIG SCREEN 4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK 11:00- ARMCHAIRS EXERCISES WITH DANCE 12:00- YOU & ME TIME 2:00- INDIAN INDEPENDENCE DAY CELEBRATION 4:00- ROOM VISITS</p>	<p>9:30- MORNING WALK 11:00- GENTLE EXERCISE 12:00- YOU & ME TIME 1:30- BOARDGAME 3:00- BINGO 4:00-YOU & ME TIME</p>	<p>9:30- MASS ON TV 11:00 – MORNING WALK 12:00- YOU & ME TIME 1:30- MONTESSORI ACTIVITIES 3:00- BINGO 4:00- ROOM VISITS</p>

16	17	18	19	20	21	22
9:30- MORNING WALK 11:00- STRETCH AND FLEX 12:00- YOU & ME TIME 1:30- BALLOON'S GAME/ 1:1 3:00- QUIET GROUP/ UKRAINIAN TRIVIA 4:00- ROOM VISITS	9:30- MORNING WALK/ PASTORAL CARE 11:00- INTERACTION WITH SISTERS OF SAINT BASIL/ STRETCH AND FLEX 12:00- YOU & ME TIME 1:30- COOKING UKRAINIAN CUISINE 3:00- BINGO 4:00- ROOM VISITS	9:30- MORNING WALK 11:00- STRETCH AND FLEX/ SAWING, KNITTING & CROCHET CLUB 12:00- YOU & ME TIME 1:30- UKRAINIAN ART & CRAFT/ UKRAINIAN SINGING SESSION 4:00- ROOM VISITS	9:30- MORNING WALK 11:00- CHURCH SERVICE/REMINISCENCE 12:00- YOU & ME TIME 1:30- ART & CRAFT/1:1 3:00- UKRAINIAN MOVIE ON THE BIG SCREEN 4:00- ROOM VISITS	9:30- MORNING WALK 11:00- ARMCHAIRS EXERCISES WITH DANCE 12:00- YOU & ME TIME 1:30- ART & CRAFT/ 1:1 3:00- BINGO 4:00- YOU & ME TIME	9:30- MORNING WALK 11:00- GENTLE EXERCISE 12:00- YOU & ME TIME 1:30- ART & CRAFT/ 1:1 3:00- BINGO 4:00- YOU & ME TIME	9:30- MASS ON TV 11:00 – MORNING WALK 12:00 YOU & ME TIME 1:30- FLOOR GAME 3:00- BINGO 4:00- ROOM VISITS
LIGHTHOUSE/LIGHTSHIP 23 WEEKEND 	24	25	26	27	28	29
9:30- MORNING WALK 11:00- STRETCH AND FLEX 12:00- YOU & ME TIME 1:30- BOWLING GAME 1:1 3:00- QUIET GROUP 4:00- ROOM VISITS	INDEPENDENCE OF UKRAINE 9:30- MORNING WALK 11:00- INTERACTION WITH SISTERS OF SAINT BASIL/ STRETCH AND FLEX 12:00- YOU & ME TIME 2:00- INDEPENDENCE OF UKRAINE CELEBRATION? OR HAPPY HOUR 4:00- ROOM VISITS	9:30- MORNING WALK 11:00- BARBEQUE/ COFFEE CLUB 12:00- YOU & ME TIME 1:30- SAWING, KNITTING& CROCHET CLUB/ 1:1 4:00- ROOM VISITS	9:30- MORNING WALK 11:00- CHURCH SERVICE/REMINISCENCE 12:00- YOU & ME TIME 1:30- ART & CRAFT/1:1 3:00- DISCOVERY CHANNEL ON THE BIG SCREEN 4:00- ROOM VISITS	9:30- MORNING WALK 11:00- STRETCH AND FLEX 12:00- YOU & ME TIME 2:00- CULTURAL SOCIAL CLUB/ 1:1 4:00- ROOM VISITS	9:30- MORNING WALK 11:00- STRETCH AND FLEX 12:00- YOU & ME TIME 1:30- FLOOR GAME 3:00- BINGO 4:00-YOU & ME TIME	9:30- MASS ON TV 11:00 – MORNING WALK 12:00- YOU & ME TIME 1:30- SENSORY ACTIVITIES 3:00- BINGO 4:00- ROOM VISITS
EVENTS 3RD OF AUGUST- OLYMPIC GAMES COMPETITION & HAPPY HOUR 13 TH OF AUGUST- INDEPENDENCE OF INDIA CELEBRATION 24 TH OF AUGUST- INDEPENDENCE OF UKRAINE CELEBRATION 25 TH OF August– BARBEQUE 31 ST OF AUGUST- PANCAKES BIRTHDAY CELEBRATION		MORNING TEA- 10:30 LUNCH- 12:00 AFTERNOON TEA- 2:30 DINNER- 5:00PLEASE NOTE THAT THE CALENDAR MAY CHANGE DUE TO UNFORESEEN CIRCUMSTANCES.				