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AUGUST 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 10:30 Bus Trip 11:00 Physio Exercises 2:30 Craft	2 10:00 Shop N Go 2:00 Happy Hour/Bingo	3 9:30 Table Games
4 9:30 Exercises to the Music	5 10:00 Coffee/Knitting Club 1:15 Physio Exercises 2:30 Bingo	6 10:30 Church (Ukrainian) 11:00 Physio Exercises 2:00 Cinema	7 10:30 Church(Macedonian) 1:15 Physio Exercises 2:30 Bingo	8 10:30 Bus Trip 11:00 Physio Exercises 2:30 Craft	9 10:00 Shop N Go 2:00 Happy Hour/Bingo	10 9:30 Table Games
11 9:30 Exercises to the Music	12 10:00 Coffee/Knitting Club 1:15 Physio Exercises 2:30 Bingo	13 10:30 Church (Ukrainian) 11:00 Physio Exercises 2:00 Cinema	14 10:30 W/chair Walks 1:15 Physio Exercises 2:30 Bingo	15 10:30 Bus Trip 11:00 Physio Exercises 2:30 Craft	16 10:00 Shop N Go 2:00 Happy Hour/Bingo	17 9:30 Table Games
18 9:30 Exercises to the Music	19 10:00 Church (English) 1:15 Physio Exercises 2:30 Bingo	20 10:30 Church (Ukrainian) 11:00 Physio Exercises 2:00 Cinema	21 10:30 Church(Macedonian) 1:15 Physio Exercises 2:30 Bingo	22 10:30 Bus Trip 11:00 Physio Exercises 2:30 Craft	23 10:00 Shop N Go 2:00 Happy Hour/Bingo	24 
25 9:30 Exercises to the Music	26 10:00 Coffee/Knitting Club 1:15 Physio Exercises 2:30 Bingo	27 10:30 W/chair walk 11:00 Physio Exercises 2:00 Cinema	28 10:30 Church (Ukrainian) 1:15 Physio Exercises 2:30 Bingo	29 10:30 Cooking with Silvana 11:00 Physio Exercises 2:30 Craft	30 10:00 Shop N Go 2:00 Happy Hour/Bingo	31 9:30 Table Games

The Lifestyle Team offers individual emotional & social support to our residents throughout the day, with visits that are not scheduled at specific times.