

OCTOBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

6
9:30 Exercises to the Music

7
10:00 Coffee Club
1:15 Physio Exercises
2:30 Bingo

8
10:00 Gardening
10:30 Bus Trip
11:00 Physio Exercises
2:00 Cinema

9
10:30 Men's Shed
1:15 Physio Exercises
2:30 Bingo

10
10:30 Bus Trip
11:00 Physio Exercises
2:30 Craft

11
10:00 Shop N Go
2:00 Happy Hour/Bingo

12
9:30 Table Games

13
9:30 Exercises to the Music

14
10:00 Coffee Club
1:15 Physio Exercises
2:30 Bingo

15
10:00 Gardening
10:30 Bus Trip
11:00 Physio Exercises
2:00 Cinema

16
10:30 Quiz Games
1:15 Physio Exercises
2:30 Bingo

17
10:30 Ukrainian Cath. Mass
10:30 Bus trip
11:00 Physio Exercises
2:30 Craft

18
10:00 Shop N Go
2:00 Happy Hour/Bingo

19
9:30 Table Games

20
9:30 Exercises to the Music

21
10:00 Coffee Club
10:30 Cath. Mass (English)
1:15 Physio Exercises
2:30 Bingo

22
10:00 Gardening
10:30 Bus Trip
11:00 Physio Exercises
2:00 Cinema

23
10:30 Men's Shed
10:30 Macedonian Orth. Mass
1:15 Physio Exercises
2:30 Bingo

24
10:30 Bus trip
11:00 Physio Exercises
2:30 Craft

25
10:00 Shop N Go
2:00 Happy Hour/Bingo

26
9:30 Table Games

27


28
10:00 Coffee Club
1:15 Physio Exercises
2:30 Bingo

29
10:00 Gardening
10:30 Bus Trip
11:00 Physio Exercises
2:00 Cinema

30
10:30 Cooking with Kerry
1:15 Physio Exercises
2:30 Bingo

31
10:30 Ukrainian Orth. Mass
10:30 Bus trip
11:00 Physio Exercises
2:30 Craft

2024

KONVALYIA