

AUGUST

2024

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|--------------------------------------|--|---|--|--|---|--|---|
| | MH | | | | 1 9:30 Balloon Tennis 2:00 Table Games 3:15 Animal Therapy | 2 9:30 Morning Walk 11:00 Rock N Roll Dancers 2:00 Happy Hour | 3 2:00 Arts and Crafts |
| 4 2:00 Table Games | 5 10:30 Bus Trip 1:30 Quiet Time/Meditation 2:30 Table Games | 6 9:30 Let's Get Busy 10:30 Church (Ukrainian) 2:00 Sensory Session | 7 9:30 Reminiscence Therapy 10:30 Church (Macedonian) 2:00 Table Games | 8 9:30 Balloon Tennis 2:00 Table Games 3:15 Animal Therapy | 9 9:30 Morning Walk 11:00 Rock N Roll Dancers 2:00 Happy Hour | 10 2:00 Arts and Crafts | |
| 11 2:00 Table Games | 12 10:30 Bus Trip 1:30 Quiet Time/Meditation 2:30 Table Games | 13 9:30 Let's Get Busy 10:30 Church (Ukrainian) 2:00 Sensory Session | 14 9:30 Reminiscence Therapy 2:00 Table Games | 15 9:30 Balloon Tennis 2:00 Table Games 3:15 Animal Therapy | 16 9:30 Morning Walk 11:00 Rock N Roll Dancers 2:00 Happy Hour | 17 2:00 Arts and Crafts | |
| 18 2:00 Table Games | 19 10:30 Church (English) 1:30 Quiet Time/Meditation 2:30 Table Games | 20 9:30 Let's Get Busy 10:30 Church (Ukrainian) 2:00 Sensory Session | 21 9:30 Reminiscence Therapy 10:30 Church (Macedonian) 2:00 Table Games | 22 9:30 Balloon Tennis 2:00 Table Games 3:15 Animal Therapy | 23 9:30 Morning Walk 11:00 Rock N Roll Dancers 2:00 Happy Hour | 24  | |
| 25 2:00 Table Games | 26 10:30 Bus Trip 1:30 Quiet Time/Meditation 2:30 Table Games | 27 9:30 Cooking with Kerry 2:00 Sensory Session | 28 9:30 Reminiscence Therapy 10:30 Church (Ukrainian) 2:00 Table Games | 29 9:30 Balloon Tennis 2:00 Table Games 3:15 Animal Therapy | 30 9:30 Morning Walk 11:00 Rock N Roll Dancers 2:00 Happy Hour | 31 2:00 Arts and Crafts | |

The Lifestyle Team offers individual emotional & social support to our residents throughout the day, with visits that are not scheduled at specific times.