## SOSNA

10:00 Morning Café

11:00 Physio Exercises

**10:30** Bus Trip

**2:30** Bingo

## 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 Morning Café 10:30 Bus Trip 11:00 Physio Exercises 2:30 Bingo	2 10:30 Church 1:15 Physio Exercises 2:00 Cinema	3 9:30 Gardening 11:00 Shop N Go 2:30 Bingo	4 9:30 Social Visits 11:00 Physio Exercises 11:00 Bus Trip 2:30 Craft	5 9:30 Pampering Session 1:15 Physio Exercises 2:00 Happy Hour/Bingo	6 9:30 Table Games
7 FUNDAY	8 10:00 Morning Café 10:30 Bus Trip 11:00 Physio Exercises 2:30 Bingo	9 10:30 Church 1:15 Physio Exercises 2:00 Cinema	10 9:30 Gardening 11:00 Shop N Go 2:30 Bingo	9:30 Social Visits 11:00 Physio Exercises 11:00 Bus Trip 2:30 Craft	12 9:30 Pampering Session 1:15 Physio Exercises 2:00 Happy Hour/Bingo	9:30 Table Games
14 FUNDAY	15 10:00 Morning Café 10:30 Bus Trip 11:00 Physio Exercises 2:30 Bingo	16 10:30 Church 1:15 Physio Exercises 2:00 Cinema	17 9:30 Gardening 11:00 Shop N Go 2:30 Bingo	18 9:30 Social Visits 11:00 Physio Exercises 11:00 Bus Trip 2:30 Craft	19 9:30 Pampering Session 1:15 Physio Exercises 2:00 Happy Hour/Bingo	9:30 Table Games
21 FUNDAY	22 10:00 Morning Café 10:30 Bus Trip 11:00 Physio Exercises 2:30 Bingo	23 10:30 Church 1:15 Physio Exercises 2:00 Cinema	24 9:30 Book Club 11:00 Shop N Go 2:30 Bingo	25 9:30 Cooking with Alex 11:00 Physio Exercises 11:00 Bus Trip 2:30 Craft	26 9:30 Pampering Session 1:15 Physio Exercises 2:00 Happy Hour/Bingo	9:30 Table Games
28	29	30				

**10:30** Church

**2:00** Cinema

1:15 Physio Exercises



**FUNDAY** 

