


AUGUST

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 10:30 Bus Trip 2:30 Craft	2 10:30 Shop N Go 1:15 Physio Exercises 2:00 Happy Hour/Bingo	3 9:30 Table Games
4 9:30 Exercise to the music	5 10:00 Coffee/Knitting Club 11:00 Physio Exercises 2:30 Bingo	6 10:30 Church(Ukrainian) 1:15 Physio Exercises 2:00 Cinema	7 10:30 Church (Macedonian) 11:00 Physio Exercises 2:30 Bingo	8 10:30 Bus Trip 2:30 Craft	9 10:30 Shop N Go 1:15 Physio Exercises 2:00 Happy Hour/Bingo	10 9:30 Table Games
11 9:30 Exercise to the music	12 10:00 Coffee/Knitting Club 11:00 Physio Exercises 2:30 Bingo	13 10:30 Church(Ukrainian) 1:15 Physio Exercises 2:00 Cinema	14 10:00 Table Games 11:00 Physio Exercises 2:30 Bingo	15 10:30 Bus Trip 2:30 Craft	16 10:30 Shop N Go 1:15 Physio Exercises 2:00 Happy Hour/Bingo	17 9:30 Table Games
18 9:30 Exercise to the music	19 10:30 Church (English) 11:00 Physio Exercises 2:30 Bingo	20 10:30 Church(Ukrainian) 1:15 Physio Exercises 2:00 Cinema	21 10:30 Church(Macedonian) 11:00 Physio Exercises 2:30 Bingo	22 10:30 Bus Trip 2:30 Craft	23 10:30 Shop N Go 1:15 Physio Exercises 2:00 Happy Hour/Bingo	24 
25 9:30 Exercise to the music	26 10:00 Coffee/Knitting Club 11:00 Physio Exercises 2:30 Bingo	27 10:30 W/chair Walk 1:15 Physio Exercises 2:00 Cinema	28 10:30 Church(Ukrainian) 11:00 Physio Exercises 2:30 Bingo	29 10:30 Cooking with Silvana 2:30 Craft	30 10:30 Shop N Go 1:15 Physio Exercises 2:00 Happy Hour/Bingo	31 9:30 Table Games

The Lifestyle Team offers individual emotional& social support to our residents throughout the day,
with visits that are not scheduled at specific times.