

NOVEMBER 2025

| MONDAY                                                                  | TUESDAY                                                                                 | WEDNESDAY                                                                 | THURSDAY                                                                                           | FRIDAY                                                            | SATURDAY                   | SUNDAY                               |
|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|---------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|----------------------------|--------------------------------------|
|                                                                         |                                                                                         |                                                                           |                                                                                                    |                                                                   | 1<br><br>1:00 Table Games  | 2<br><br>1:30 Exercise to the Music  |
| 3<br>10:30 Coffee Club<br>1:15 Physio Exercises<br>2:30 Bingo           | 4<br>11:00 Physio Exercises<br>2:00 One-on-One Moments                                  | 5<br>10:30 Orth. Mass (Ukrainian)<br>1:15 Physio Exercises<br>2:30 Bingo  | 6<br>10:30 Bus Outing<br>10:30 Orth. Mass (Serbian)<br>11:00 Physio Exercises<br>2:30 Men’s Shed   | 7<br>10:30 Bingo<br>2:00 Happy Hour<br>3:00 One-on-One Moments    | 8<br><br>1:00 Table Games  | 9<br><br>1:30 Exercise to the Music  |
| 10<br>10:30 Coffee Club<br>1:15 Physio Exercises<br>2:30 Bingo          | 11<br>11:00 Physio Exercises<br>12:00 Residents BBQ<br>2:00 One-on-One Moments          | 12<br>10:30 Cath. Mass (Ukrainian)<br>1:15 Physio Exercises<br>2:30 Bingo | 13<br>10:30 Bus Outing<br>11:00 Physio Exercises<br>2:30 Craft                                     | 14<br>10:30 Bingo<br>2:00 Happy Hour<br>3:00 One-on-One Moments   | 15<br><br>1:00 Table Games | 16<br><br>1:30 Exercise to the Music |
| 17<br>10:30 Cath. Mass (English)<br>1:15 Physio Exercises<br>2:30 Bingo | 18<br>10:30 Orth. Mass (Ukrainian)<br>11:00 Physio Exercises<br>2:00 One-on-One Moments | 19<br>10:30 Gardening<br>1:15 Physio Exercises<br>2:30 Bingo              | 20<br>10:30 Bus Outing<br>11:00 Physio Exercises<br>2:30 Ball Games                                | 21<br>10:30 Bingo<br>2:00 Happy Hour<br>3:00 One-on-One Moments   | 22<br><br>1:00 Table Games | 23<br><br>1:30 Exercise to the Music |
| 24<br>10:30 Coffee Club<br>1:15 Physio Exercises<br>2:30 Bingo          | 25<br>10:30 Cath. Mass (Ukrainian)<br>11:00 Physio Exercises<br>2:00 One-on-One Moments | 26<br>10:30 One-on-One Moments<br>1:15 Physio Exercises<br>2:30 Bingo     | 27<br>10:30 Bus Outing<br>10:30 Orth. Mass (Serbian)<br>11:00 Physio Exercises<br>2:30 Shop “N” Go | 28<br>10:30 Cooking<br>2:00 Happy Hour<br>3:00 One-on-One Moments | 29<br><br>1:00 Table Games | 30<br><br>1:30 Exercise to the Music |