

SEPTEMBER 2024



Kalyna Care

The SUNRISE

344 Taylors Road, Delahey VIC 3037

03 9116 4100/ info@kalynacare.com.au/ www.kalynacare.com.au

Polypharmacy / Psychotropic / Antibiotic usage in Aged Care

It is very important to understand that as health care providers we always consider and uphold to non-pharmacologic management prior to pharmacologic management. Aged Care Quality and Safety Commission are making sure that the health care professionals have exhausted all the efforts prior to eventually prescribing medication.

- Quality of life of the resident Vs. Prolong the life of the residents. Each medication has risks and benefit this is what needs to be considered when prescribing medication.
- Tolerance to medication can increase when being introduced with medication for example pain relievers and sleeping tablets.
- Inappropriate use of antibiotic can eventually lead to resistance where in the long run no antibiotic will be able to address the bacterial infection.
- Prior to prescribing antibiotic it is very important to attend to the following:
 - Obtaining urine from resident and sending it to pathologist to confirm infection.
 - Wound swab from resident wound to attend to culture and sensitivity to confirm what is the type of infection and what antibiotic can be given which the infection will respond to.
 - Obtaining PCR or nasal swab to confirm if the resident has viral infection.

Frances Anne Pasiliao
Clinical Manager

24th, we had a bus outing for our MH residents only - as always, our driver provided a scenic drive. When you want to get away from the city's hustle and bustle, where is better than Gisborne? It is the best place for us as we get to see farm animals and enjoy the beautiful greenery!

On the 12th, we celebrated R U OK? Day with a delightful afternoon tea for everyone. Up to this occasion, our residents crafted beautiful artwork to adorn our walls.

On the 18th, the weather was perfect for our residents' BBQ Day. We set up tables and chairs for our BBQ - as the temperatures rise, we plan to set up more outdoor seating for our residents' event, making it an even more enjoyable experience for all.

We also brought Footy Colours Day, which we celebrated with a special Happy Feet event. The event featured all cultural music and, of course, some Aussie music, dancing, and refreshing drinks. We can't overlook the wine and beer!

As our Grand Final celebrations, we visited Russo Estate Winery for a tour. It was very pleasant, and our Lifestyle Assistant Silvana makes it extra special with her knowledge for the residents.

Through these events and outings, we continued with our monthly calendar activities such as the Coffee Club, gardening, Cinema Tuesdays, Shop N Go and, of course, evening entertainment with lots of cultural music, yummy food and non-alcoholic beverages. On the 25th, we had a session with seated chair exercises, "Dance to the Music", hosted by Lifestyle's Aleksandra.

In addition to the above leisure activities, our residents' meetings continued to be held in all areas and every section. This meeting gives residents the opportunity to discuss their concerns, including activities, suggestions, complaints and any feedback that can help us in enhancing our services.

Enjoy the blossoming beauty of Spring this September. Get out there and enjoy the outdoors of the season!

LIFESTYLE SERVICES



Pampering one- on - one

Would you like to have your nails done?

The Lifestyle Team is here to assist you with that. Simply request a one-on-one pampering session with our Lifestyle Assistants.



Books In Your Language

We have an extensive library featuring books in various languages. If you enjoy reading in your spare time, you are welcome to request books from the Lifestyle Team.



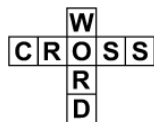
Hairdresser on Mondays

If you need hairdresser services on Mondays, feel free to inquire with the Lifestyle Team or Reception. Our staff will be happy to help you book an appointment.



One- on- one Social Visits

The Lifestyle Team provides personalized emotional and social support at any time of the day through flexible visit schedules.



Extra Activities

Feeling bored in your room?



Ask Lifestyle Team for additional word searches, Sudoku games, puzzles, adult coloring pages, coloring pencils, and craft activity supplies. Let's stay engaged and have some fun!



Happy Birthday to you !!

**Alfred, Anka, Dimitrija, Renate,
Ruza, Maria, Eva, Ilija, Stefania,
Zivka, Christa and Maria**

We HAPPILY WELCOME our NEW 3 ADMISSIONS..

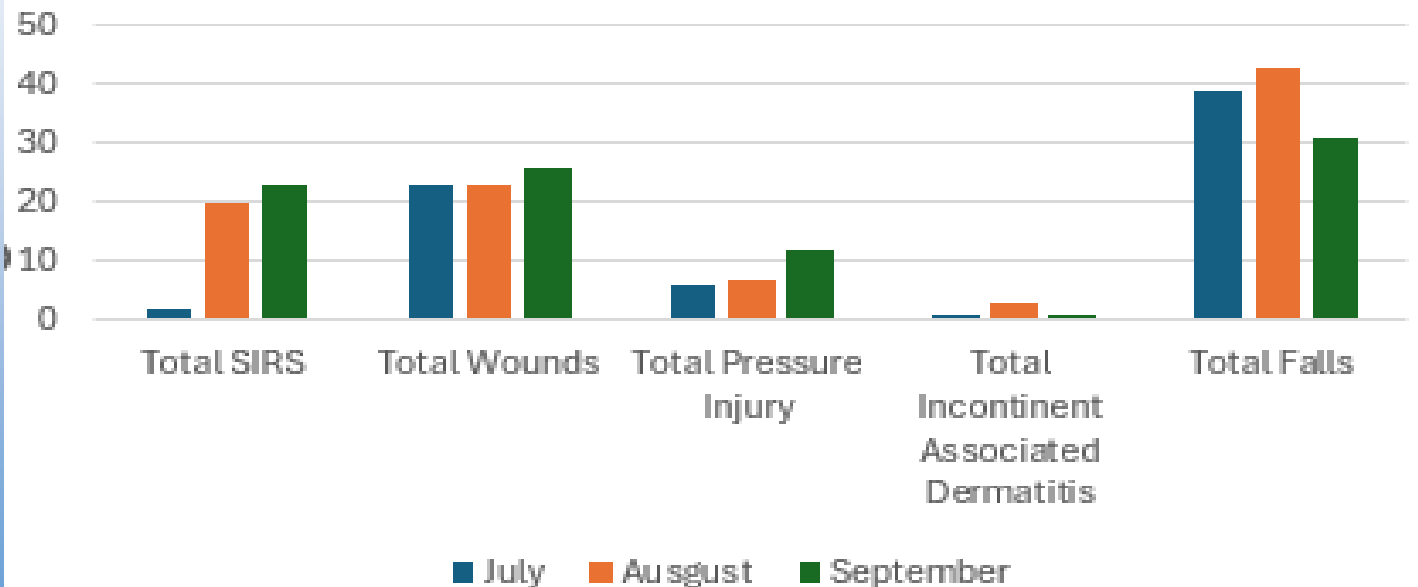
May you enjoy your stay here with us... Marica S, Fr. Dmytro S., Dragica

We have two resident death for the month. We extend our sincerest condolences to the bereaved loved ones.

May the soul of our faithful departed rest in peace... Lazar M., and Dzelila B.



Cliical Data







Flu and Covid Vaccination Rates

Resident number		138
FLU VACCINATION:	97	70%
DOSE 1:	116	84%
DOSE 2:	114	83%
DOSE 3:	95	69%
DOSE 4:	73	53%
DOSE 5:	57	41%
DOSE 6:	34	25%

We sincerely thank our residents and families for partnering with us. Thank you for the respect and that you have given to all of us care workers. We may continue working for the success of our residents care.

For your compliments, suggestions and concern, feel free to contact us:

Jennifer Ibanez, Facility Manager

Jennifer.Ibanez@kalynacare.com.au



thank you so much

Total SIRS in September – 23

Priority 1- 4

Priority 2- 19

Unreasonable use of force	12
Inappropriate sexual conduct	2
Neglect	7
Psychological abuse	2
Unexpected death	0
Financial coercion by staff member	0
Inappropriate use of restrictive practices	0
Unexplained absence	0

Improvement Opportunity:

Increased in pressure injury is observed for the month of September. Toolbox session for care staff to highlight the importance of skin checks and identifying early signs of pressure injury.

Increase in opioid use noted for the month of September, this will be discussed on the next MAC meeting with the GP's, Pharmacy consultants and clinical team.