

FEBRUARY 2025

S
O
S
n
a

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:30 Table Games
2 9:30 Exercise to the Music	3 10:00 Coffee Club 11:00 Physio Exercises 2:30 Bingo	4 10:30 Ukrainian Cath. Mass 1:15 Physio Exercises 2:00 Cinema	5 10:30 Men's Shed 11:00 Physio Exercises 2:30 Bingo	6 10:30 Bus Outing 10:30 Exercise to the music 2:30 Craft	7 10:30 Gardening 1:15 Physio Exercises 2:00 Happy Hour/ Shop N Go	8 9:30 Table Games
9 9:30 Exercise to the Music	10 10:00 WhiZ KidZ Visit 11:00 Physio Exercises 2:30 Bingo	11 10:30 Ukrainian Orth. Mass 1:15 Physio Exercises 2:00 Cinema	12 10:30 Men's Shed 11:00 Physio Exercises 2:30 Bingo	13 10:30 Bus Outing 10:30 Exercise to the music 2:30 Craft	14 10:30 Gardening 1:15 Physio Exercises 2:00 Happy Hour/ Shop N Go	15 9:30 Table Games
16 9:30 Exercise to the Music	17 10:00 Coffee Club 10:30 Cath. Mass (English) 11:00 Physio Exercises 2:30 Bingo	18 10:30 Ukrainian Cath. Mass 1:15 Physio Exercises 2:00 Cinema	19 10:30 Men's Shed 11:00 Physio Exercises 2:30 Bingo	20 10:30 Bus Outing 10:30 Exercise to the music 2:30 Craft	21 10:30 Gardening 1:15 Physio Exercises 2:00 Happy Hour/ Shop N Go	22 9:30 Table Games
23 9:30 Exercise to the Music	24 10:00 WhiZ KidZ Visit 11:00 Physio Exercises 2:30 Bingo	25 10:30 Ukrainian Orth. Mass 1:15 Physio Exercises 2:00 Cinema	26 10:30 Cooking with Alex 11:00 Physio Exercises 2:30 Bingo	27 10:30 Bus Outing 10:30 Exercise to the music 2:30 Craft	28 10:30 Gardening 1:15 Physio Exercises 2:00 Happy Hour/ Shop N Go	