

SOSNA OCTOBER 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

*HELP			1 10:30 Arts and Craft 11:00 Bus Trip * 1:30 Pampering 	2 10:00 Bingo 1:30 Shop N Go	3 10:00 Bingo 11:00 Wheelchair walk	4  10:00 Exercise to the music
5 10:30 Coffee Club * 11:00 1:1 Moments 1:30 Bingo 	6 10:30 UKR Church Service 12:00 BBQ * 1:00 Physio Exercise 1:30 Happy Hour	7 10:30 Bus Trip * 10:30 Ball Games 1:30 Bingo	8 10:30 Cinema 11:00 Bus Trip * 1:30 Be Creative	9 10:00 Bingo 1:00 Flower Arrangement	10 10:00 Bingo 11:00 Wheelchair Walk 2:30 Ukranian Performers	11 10:00 Exercise to the music
12 10:30 Coffee Club * 11:00 1:1 Moments 1:30 Bingo	13 10:00 Church Service 1:00 Physio Exercise 1:30 Happy Hour	14  10:30 Bus Trip* 10:30 Wheelchair Walk 1:30 EduCreatures (Zoo)	15 10:30 Arts and Craft 11:00 Bus Trip * 1:30 Pampering	16  10:00 Bingo 1:30 Shop N Go	17 10:00 Bingo 11:00 Wheelchair walk	18 10:00 Exercise to the music
19 10:30 Coffee Club * 10:30 Church Service 11:00 1:1 Moments 1:30 Bingo	20  10:00 Cooking Session 11:00 Physio Exercise 1:30 Happy Hour	21 10:30 Bus Trip * 10:30 Ball Games 1:30 Bingo	22 10:30 Cinema 11:00 Bus Trip * 1:30 Concert w/ Yaroslav	23 10:00 Bingo 1:00 Flower Arrangement	24 10:00 Bingo 11:00 Wheelchair walk	25 10:00 Exercise to the music
26  10:00 Coffee Club * 11:00 Eden Academy 1:30 Bingo	27 10:00 Church Service 11:00 Physio Exercise 1:30 Happy Hour	28 10:30 Bus Trip* 10:30 Wheelchair Walk 1:30 Bingo	29  10:30 Cinema 11:00 Bus Trip * 1:30 Be Creative	30 10:00 Bingo 1:30 Shop N Go	31  10:00 Bingo 11:00 Wheelchair walk	