

THE SUNRISE

A Monthly Newsletter by  Kalyna Care

Strengthened Aged Care Quality Standards



Standard 1

I am valued and have choices over the life I lead

Standard 2

I have confidence in my provider

Standard 3

My care is based around who I am and what's important to me

Standard 4

I feel safe and supported where I live

Standard 7

I contribute to the community I live in

Standard 6

I enjoy tasty nutritious foods every day

Standard 5

I get the right clinical care for me

Strengthened Quality Standard 1: The person

WHAT IS PERSON-CENTRED CARE?

EVERYONE IN AGED CARE HAS THE RIGHT TO BE SAFE, TREATED WITH DIGNITY AND RESPECT, AND RECEIVE HIGH QUALITY CARE AND SERVICES.

TO PROVIDE PERSON-CENTRED CARE, KALYNA CARE WILL:

- TALK WITH YOU ABOUT YOUR PREFERENCES
- SUPPORT YOU TO TAKE RISKS
- WORK WITH YOU AND REPRESENTATIVES AND FAMILY



WHAT IS DIGNITY OF RISK?

DIGNITY OF RISK IS ANOTHER WAY OF SAYING YOU HAVE THE RIGHT TO LIVE THE LIFE YOU CHOOSE.

KALYNA CARE SHOULD:

- MAKE SURE YOU UNDERSTAND THE RISKS TO YOU AND OTHERS
- WORK WITH YOU TO MANAGE THOSE RISKS
- RESPECT YOUR DECISIONS

IF YOU, YOUR FAMILY OR REPRESENTATIVES HAVE CONCERNS ABOUT THE CARE YOU OR SOMEONE ELSE IS RECEIVING, IT IS IMPORTANT TO TALK ABOUT IT.

Older people statement



I am valued and have choice over the life I lead.

Worker statement



I understand the people I care for and support them in choices that impact their lives.

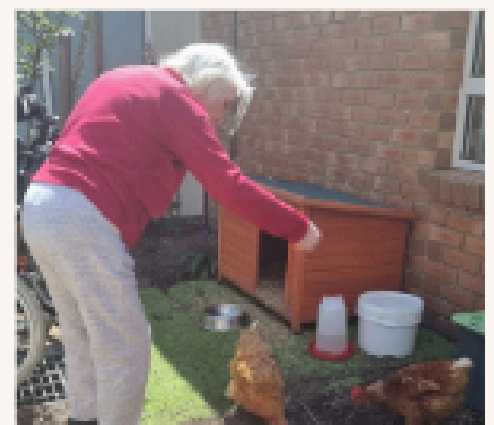
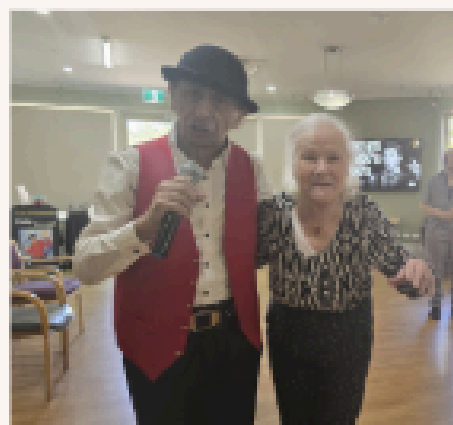
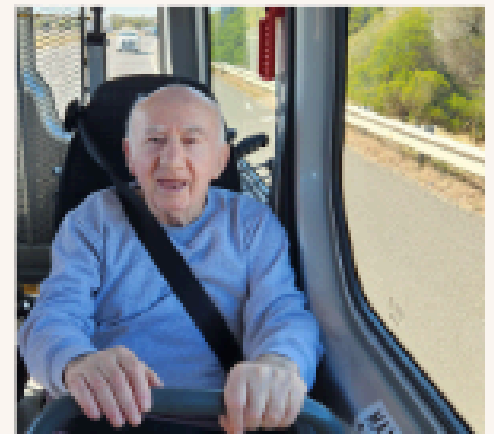
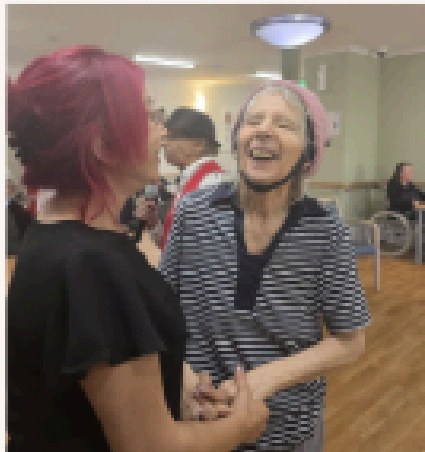
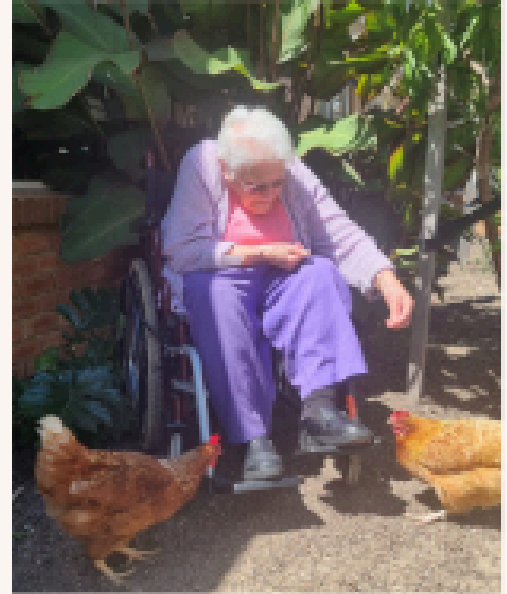
LET'S TALK ABOUT IT!

We are here to make sure that you are receiving appropriate care.

Please raise your concerns immediately to us.

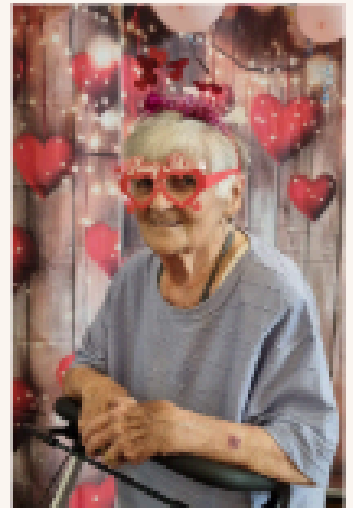
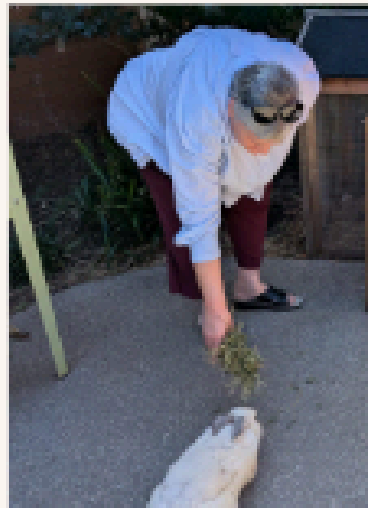
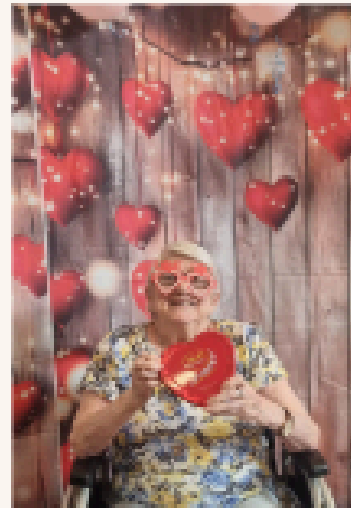
MAJA HRUDKA

From more one on one meaningful time with staff to small group activities, MH residents had another exciting month! We hit the dance floor on the 12th, enjoyed bus outings to Gisborne, and soaked up the sun in the garden.



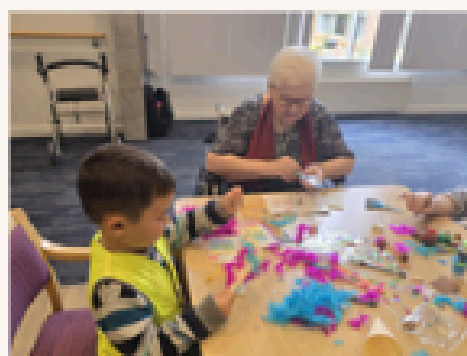
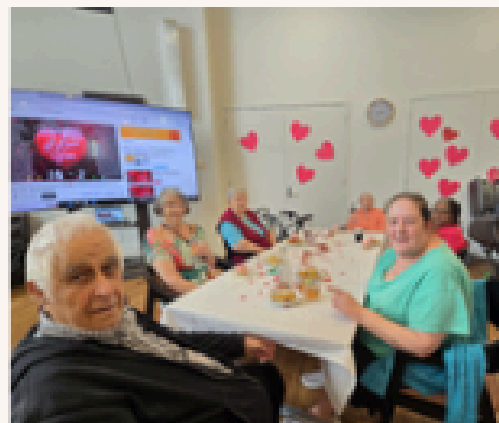
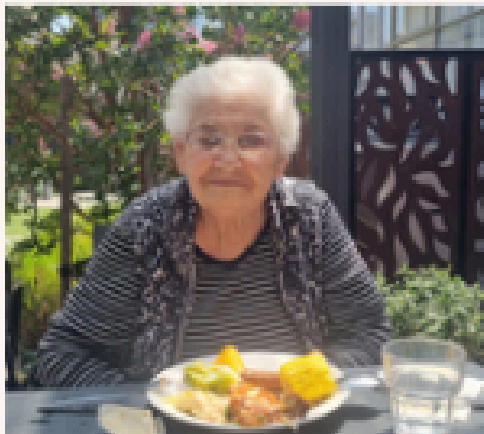
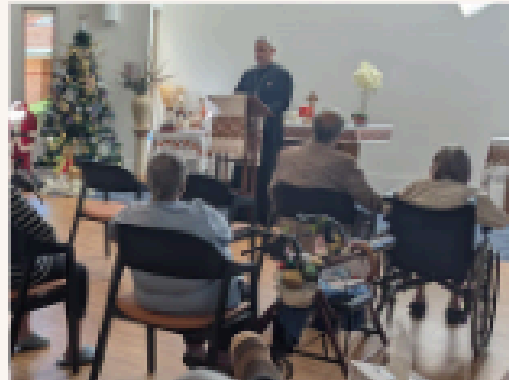
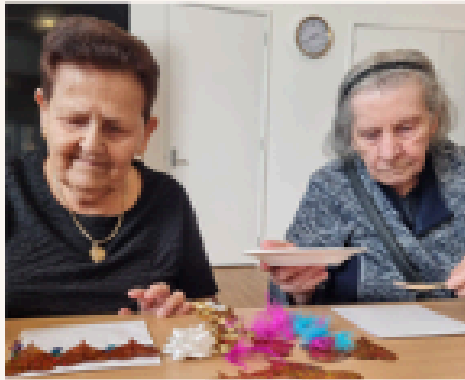
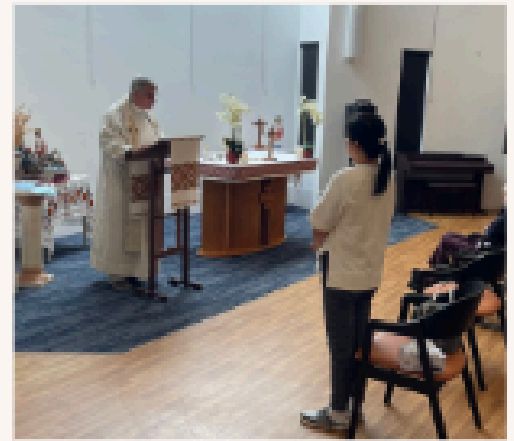
KONVALYIA

In February, the children from WhiZ KidZ resumed their regular visits to Kalyna Care. Residents had the chance to engage in conversations with the young generation while crafting beautiful creations with them.



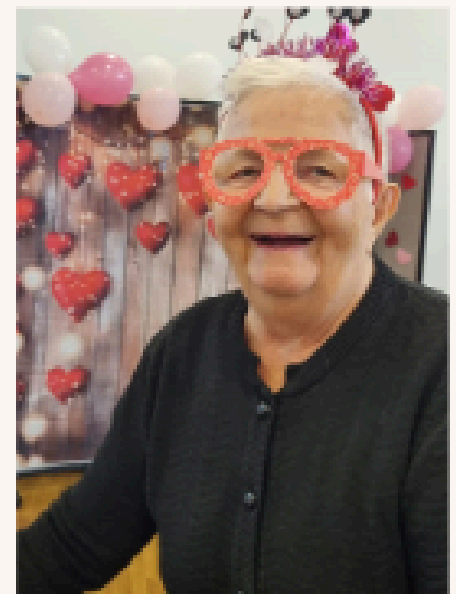
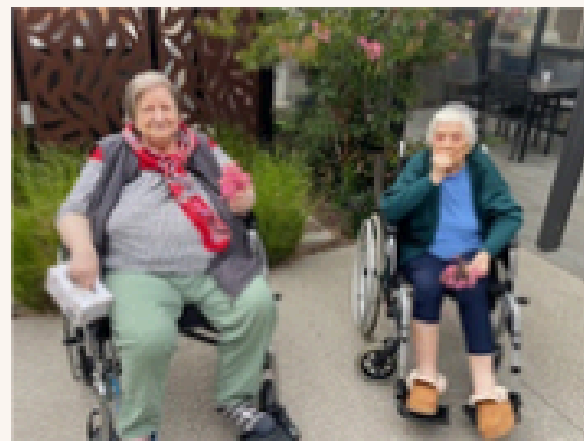
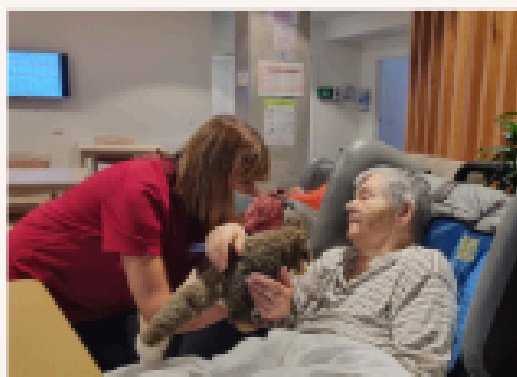
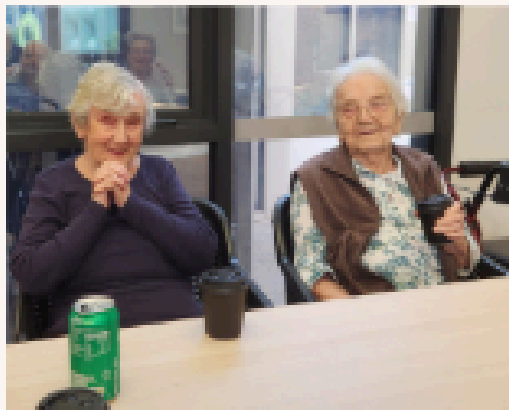
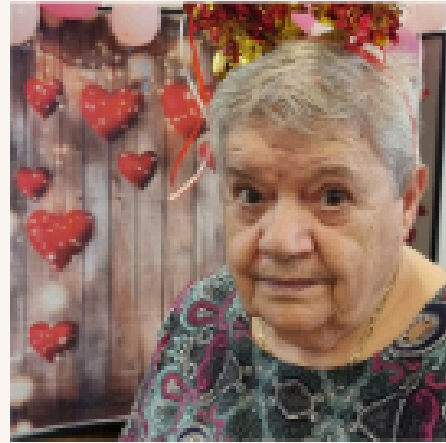
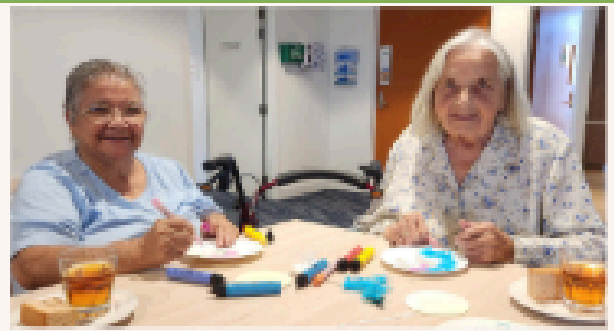
SOSNA

We've been keeping busy with our Coffee Club, BBQ, Happy Hour, Bus outings, Cinema Tuesdays, Bingo, seated chair exercises and so much more...



TOPOLYA

Topolya residents enjoyed plenty of fun in February. They participated in various large group activities alongside their friends from other wings. We introduced additional morning Bingo sessions in Topolya wing, which means even more prizes to be won!



Hello everyone,

February was a fantastic month at Kalyna Care, filled with many opportunities to get together and share a laugh or conversation! We kept the fun going with Bingo, Happy Hour, arts and craft, Coffee Club, cinema and many more regular activities. Plus, our usual bus outings to some of our favorite spots. Let's not forget our big events that brought extra joy to our home. As we step into March, let's keep the energy high and the fun alive!



May your birthday be as special and extraordinary as you are...

**HAMAD, CLAUDE, MILJANA, KIRIL, BOHDAN, CECILIA, VAIDE,
VESELINKA, SREKEN, GUNA**

*Care Minutes Report
for February 2025*

*Requirement: 228.74
Actual: 229.49*

*WE thank you all for
your patience and
support.*

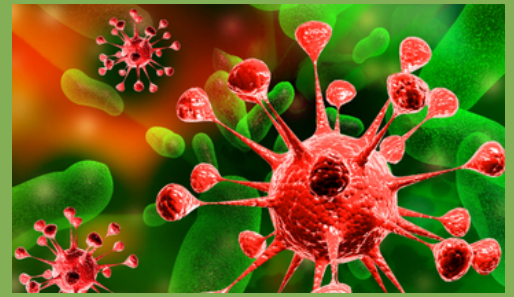
**Welcome
to the
Family**

George, Marinko, Paul



**Sending our sincerest
condolences to the
bereaved family of
Stjepan, Kata and Maria.
May you rest in peace.**

Infection Prevention and Control



QUALIFIED INFECTION PREVENTION AND CONTROL LEADERS OF KALYNA CARE

- **FRANCES PASILIAO, CLINICAL MANAGER**
- **MAUREEN CALAPARDO, CLINICAL SUPPORT**

**Thank you for
always going
above and
beyond.**

HOW TO KEEP EVERYONE SAFE

HAND HYGIENE IS THE MOST EFFECTIVE THING YOU CAN DO TO PREVENT INFECTION.

PERFORM HAND HYGIENE WHEN ENTERING FACILITY, AFTER YOU TOUCH ANYTHING IN RESIDENT SURROUNDINGS, WHEN YOU LEAVE THE RESIDENT'S ROOM AND BEFORE YOU LEAVE THE FACILITY.

WASH YOUR HANDS REGULARLY.
USE ALCOHOL-BASED SANITISERS PROVIDED IN RESIDENT ROOMS, COMMON AREAS AND HALLWAYS.

WEAR PERSONAL PROTECTIVE EQUIPMENT [SURGICAL OR N95 MASK, FACE SHIELDS] AS DIRECTED BY FACILITY.
ASK ONE OF OUR FRIENDLY STAFF IF YOU ARE NOT SURE HOW TO USE THEM.

COUGH ETIQUETTE
COUGH OR SNEEZE INTO YOUR ELBOW OR TISSUE
ALWAYS DISPOSE THE USE TISSUE IN THE BIN
ALWAYS PERFORM HAND HYGIENE AFTER COUGHING OR SNEEZING.

IT IS IDEAL TO RESCHEDULE YOUR VISIT IF YOU ARE EXPERIENCING ANY TYPE OF RESPIRATORY SYMPTOMS
KALYNA CARE CAN ORGANISE PHONE CALLS OR VIDEO CALLS BETWEEN YOU AND YOUR LOVED ONE

Thank You For Trust and Support

**For any suggestions, compliments and complaints,
please feel free to contact us:**

**info@kalynacare.com.au
Jennifer.Ibanez@kalynacare.com.au
www.kalynacare.com.au/feedback/**

Friendly Reminder

**VISITORS ARE
NOT PERMITTED
TO SMOKE INSIDE
KALYNA CARE
VICINITY.**

THANK YOU