

# THE SUNRISE

A Monthly Newsletter by



Kalyna Care

## Strengthened Aged Care Quality Standards



### Standard 1

I am valued and have choices over the life I lead

### Standard 2

I have confidence in my provider

### Standard 3

My care is based around who I am and what's important to me

### Standard 4

I feel safe and supported where I live

### Standard 7

I contribute to the community I live in

### Standard 6

I enjoy tasty nutritious foods every day

### Standard 5

I get the right clinical care for me

## Standard 5: Clinical care



### Older people statement



I get the right clinical care for me.

### Worker statement



I understand the clinical needs of the person I'm caring for.

## WHAT ARE THE KEY CONCEPTS IN STRENGTHENED QUALITY Standard 4?

Strengthened Quality Standard 4 includes key concepts that mean you need to:

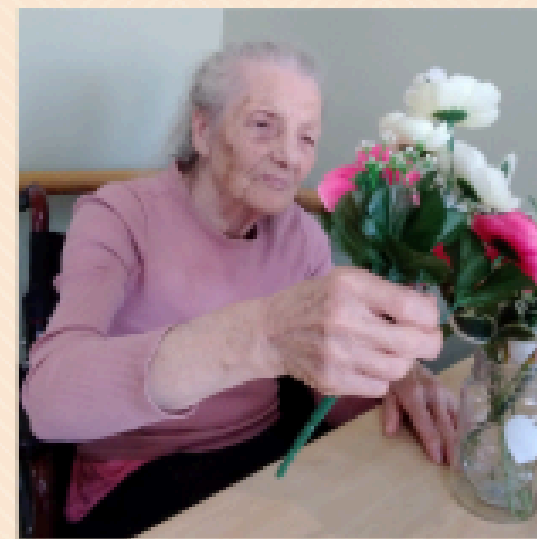
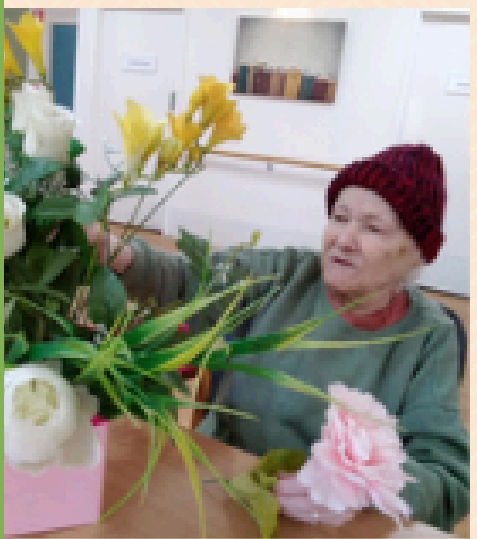
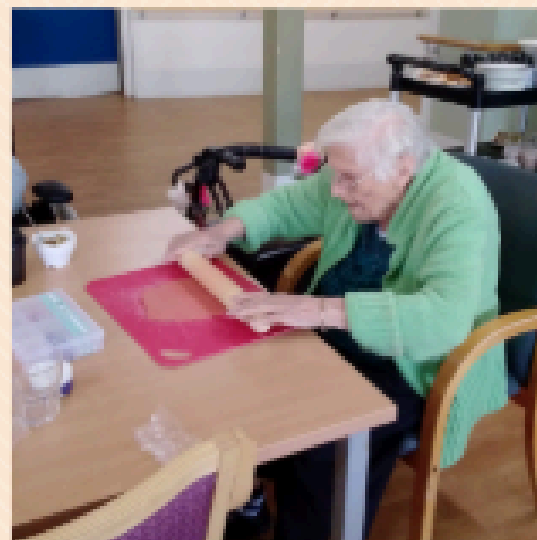
- agree with other health professionals about their roles, responsibilities and procedures for providing clinical care
- work towards using a digital clinical information system if you don't already have one
- have processes to make sure medication reviews are done with specific rules for when these must happen
- report adverse medicine and vaccine events to the Therapeutic Goods Administration
- regularly review and improve the effectiveness of your system to use medicines safely and correctly.

This Standard helps you focus on how you:

- manage clinical information systems
- keep medication safe
- reduce and manage clinical risks
- care for oral health.

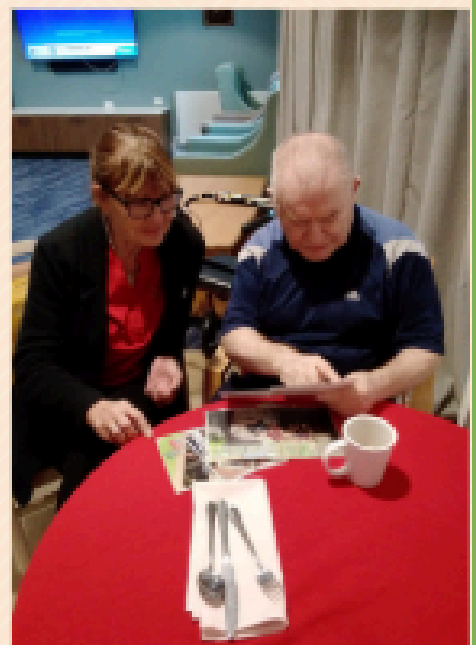
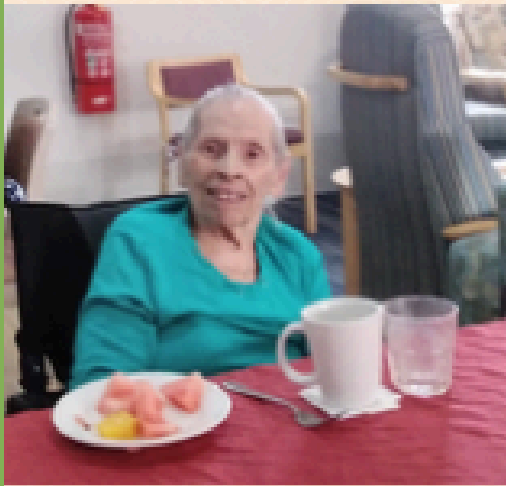
# Maja Hrudka

Residents danced the day away at our June 17th entertainment. The month was filled with fun – from BBQs and Coffee Club to crafts, games, flower arranging, Animal Therapy and more one-on-one moments..



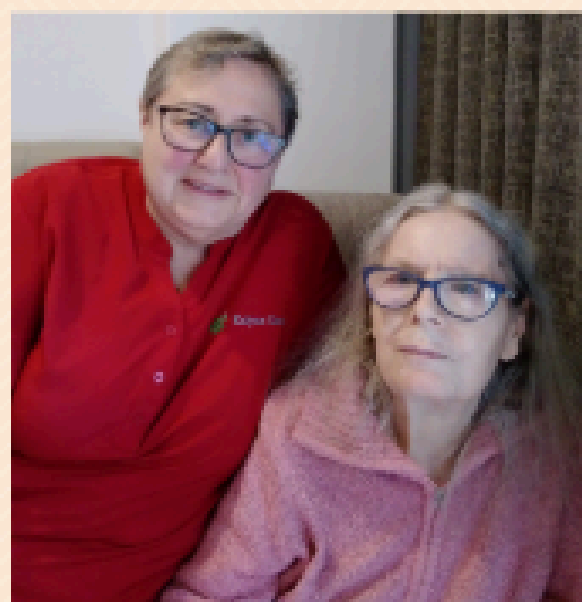
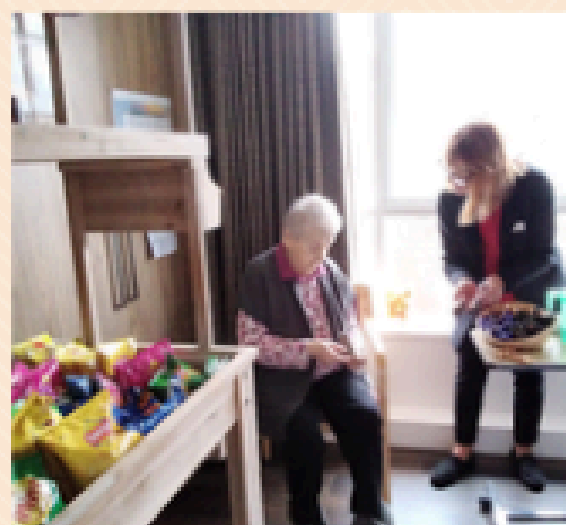
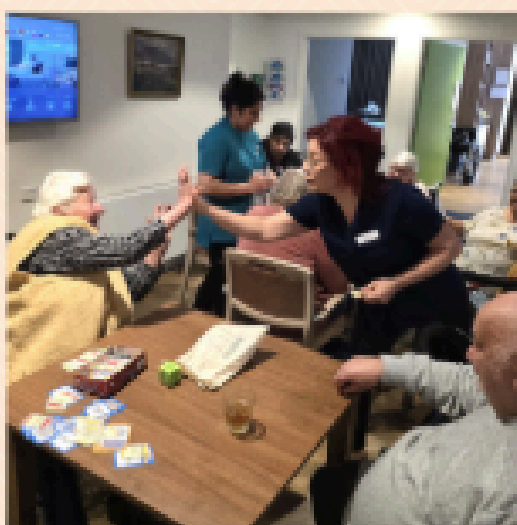
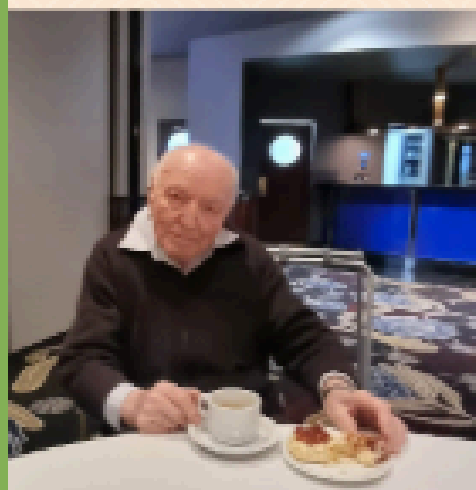
# Topolya

Some of our Topolya residents joined a special bus outing to Taylors Lakes Hotel for Morning Melodies on the 3rd of June. We're so happy to see new faces joining us on these trips!



# Konvalyia

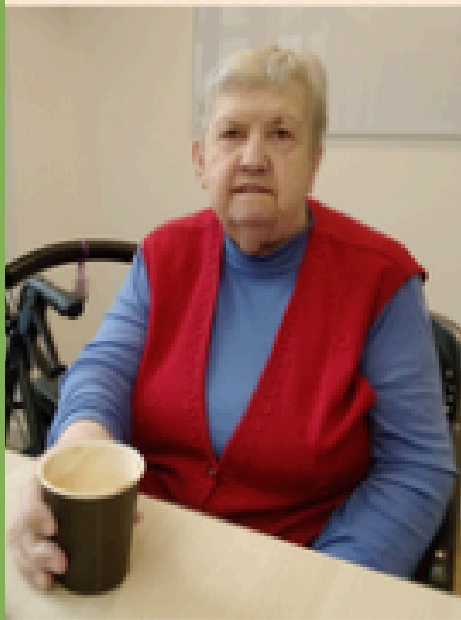
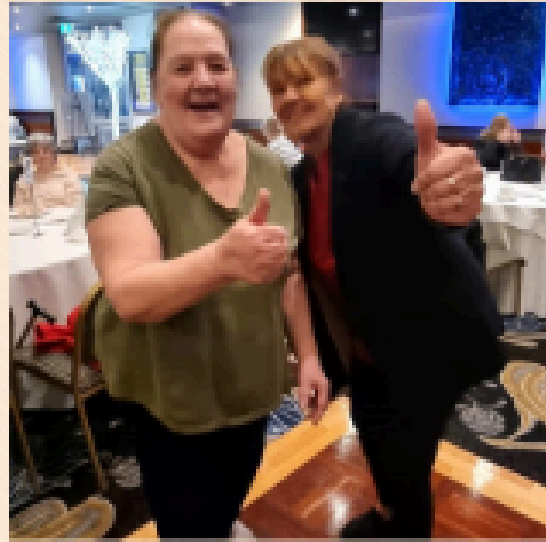
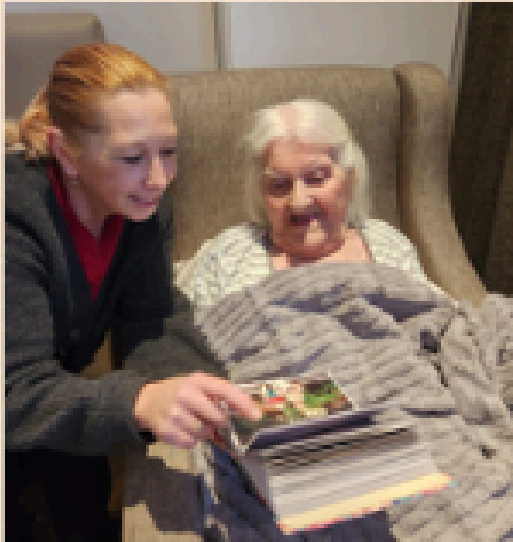
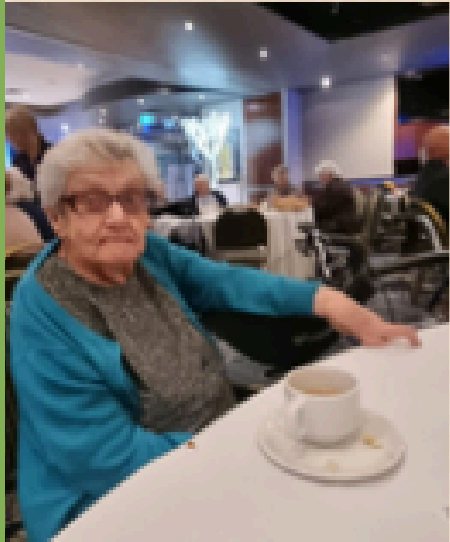
Konvalyia residents didn't miss out on the fun, enjoying their monthly entertainment with Toshe on the 6th of June. June was full of activities, but Bingo remained our favorite, bringing us together every second day for some friendly competition and yummy prizes!

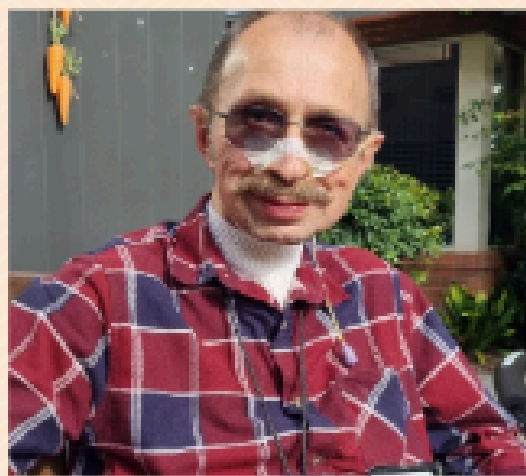
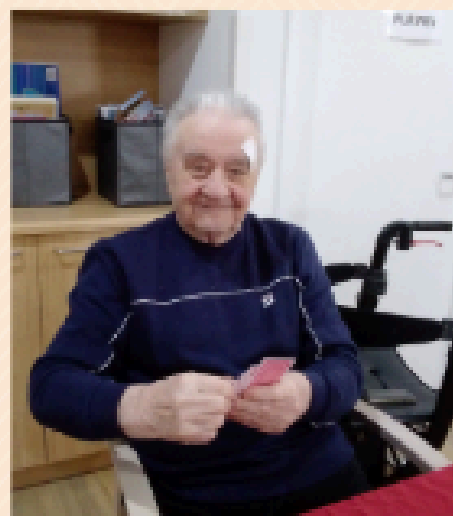
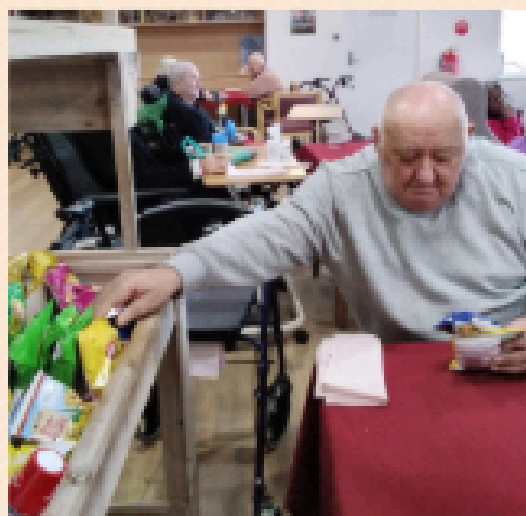
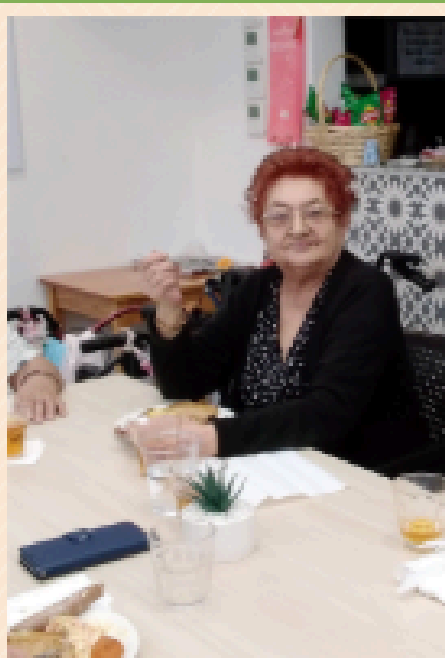
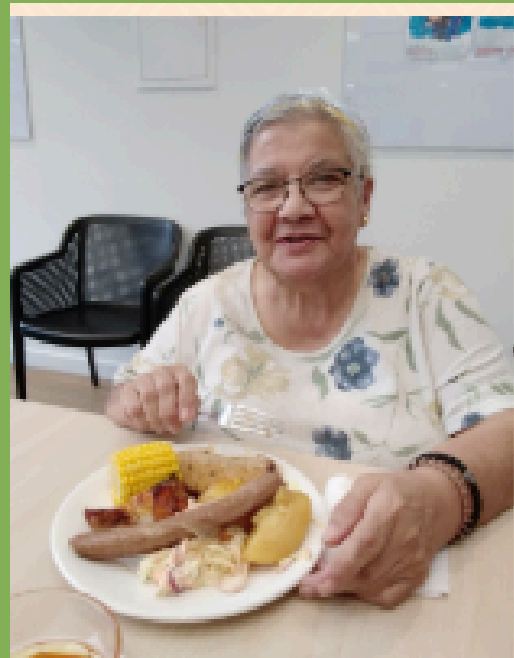




# Sosna

The kids love coming back for activities with our residents, and we love having them with us! From their visits to our regular calendar of activities, there was something fun to enjoy every day.





## INFECTION CONTROL: MESSAGE FROM THE WESTERN PUBLIC HEALTH UNIT

### Get your yearly flu vaccine

- If you're 65 or older, you're at higher risk of severe flu.
- The flu vaccine protects you from flu infections and severe illness.
- The flu vaccine is FREE for those aged 65 years and over.
- In 2025, more people tested positive for the flu by the end of May than ever before

### Stay up to date with COVID boosters

- Regular COVID boosters help prevent severe COVID. For those over 75 years, a booster can almost halve your risk of dying from COVID in the next six months.
- Most adults aged 65 and over should have a COVID booster at least yearly; and those 75 and over every 6 months.
- COVID cases are currently high – get your protection as soon as possible

**Last month's education to staff by our Clinical Pharmacist:** Antimicrobial Stewardship, Pain Management, Use of Psychotropic Medications, Chronic Obstructive Pulmonary Disease (COPD), Dementia, Parkinson's Disease, Diabetes, Asthma

### IMPORTANT!!!

WE KINDLY ASK THE FAMILIES AND VISITORS  
NOT TO PARK YOUR CAR IN THE AMBULANCE  
BAY.

WE APPRECIATE YOUR UNDERSTANDING

### Care Minutes Report for June 2025

Requirement: 227.17  
Actual: 231.35

TARGET MET

*WE thank you all for your patience and support.*

May your birthday be as  
special and extraordinary  
as you are...

Chu, Julie, Milica, Anna,  
Connie, Hassan Ali,  
Moses



**Welcome  
to the  
Family**

**Ema, Bohdan, Vaishno**

**Thank You For Trust and  
Support**

For any suggestions, compliments and  
complaints, please feel free to contact  
us:

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[Jennifer.Ibanez@kalynacare.com.au](mailto:Jennifer.Ibanez@kalynacare.com.au)

[www.kalynacare.com.au/feedback/](http://www.kalynacare.com.au/feedback/)

### Friendly Reminder

Kindly  
reschedule  
your visit if you  
feel unwell.

Thank you



**Sending our sincerest  
condolences to the  
bereaved family of**

**Marica, Josephine,  
Marija, Dmytro**

**May you rest in peace.**

