

THE SUNRISE

A Monthly Newsletter by



Kalyna Care

Strengthened Aged Care Quality Standards



Standard 1

I am valued and have choices over the life I lead

Standard 2

I have confidence in my provider

Standard 3

My care is based around who I am and what's important to me

Standard 4

I feel safe and supported where I live

Standard 7

I contribute to the community I live in

Standard 6

I enjoy tasty nutritious foods every day

Standard 5

I get the right clinical care for me

Standard 7: The residential community

WHAT ARE THE KEY CONCEPTS IN STRENGTHENED QUALITY Standard 7?

Strengthened Quality Standard 7 includes key concepts that mean you need to:

- support a person's wellbeing by managing transitions that make sure their safety, privacy, choice, decision making and continuity of care are respected
- recognise and respect diversity and culture
- encourage physical and psychological safety.

It also includes clarified expectations that mean you need to:

- reduce boredom and loneliness as well as monitoring people's daily activities
- develop strategies to protect the physical and psychological safety of people receiving care
- allow people receiving care to meet visitors in private, including making sure they can engage in sexual activity without judgement if they want to
- support continuity of care by helping with access to other services if needed
- maintain connections with people receiving care's specialist services.

This Standard helps you focus on:

- make sure people receiving care can access services and supports for daily living to improve their quality of life and encourage a sense of belonging
- manage times where transitions in care are necessary to make sure the person has continuity in their care wherever possible.



Older people statement



I contribute to the community I live in.

Worker statement



We work together to build a connected residential community.

MAJA HRUDKA

We love our music at Maja Hrudka—
whether through headphones or live in
our lounge!



TOPOLYA

Topolya residents enjoyed plenty of fun and excitement throughout August. It's wonderful to see everyone joining in and participating more each week!



KONVALYIA

From Happy Hour with friends to Coffee Club Mondays and a seniors' lunch outing to the Sugar Gum Hotel, our calendar was packed with fun. !



SOSNA

From Turkish coffee with friends in the morning to relaxing pampering sessions in the afternoon, Sosna residents enjoyed another month full of fun with our Lifestyle Team.







Thank you for caring! **HAPPY STAFF APPRECIATION DAY**

A heartfelt thank you to the Ukrainian Women's Association Choir for sharing their beautiful voices with our residents on Ukrainian Independence Day, bringing joy, culture, and celebration to our home. Hope to see you again next year!!!

Care Minutes Report for AUGUST 2025

Requirement: 224.62
Actual: 218.34

TARGET NOT MET
Continuous Improvement Plan in place

We thank you all for your patience and support.

TO ALL FAMILIES, PLEASE NOTE EMAIL ADDRESS AND MOBILE PHONE CONTACTS FOR EACH WING

Sosna- 0435 214 479, sosnanurse@kalynacare.com.au
Konvalyia- 0435 473 619, konvalyianurse@kalynacare.com.au
Topolya- 0481 348 178, topolyanurse@kalynacare.com.au
Maja Hrudka- 0478 933 062, mhnurse@kalynacare.com.au

May your birthday be as special and extraordinary as you are...

Maria, Anna, Chares, Ivan, Wladyslawa, Lydia, Branko, Neda, Victoria, John, Ft Dmytro, Dragica, Doris, Milica, Lorraine, Franjo, Tetyana

Happy Birthday!

Welcome to the Family
Trajan, Dhyan, Krystyna

Thank You For Trust and Support

For any suggestions, compliments and complaints, please feel free to contact us:

info@kalynacare.com.au
Jennifer.ibanez@kalynacare.com.au
www.kalynacare.com.au/feedback/

Friendly Reminder

Kindly reschedule your visit if you feel unwell.

Thank you



Sending our sincerest condolences to the bereaved family.

