

THE SUNRISE

A Monthly Newsletter by  Kalyna Care

Strengthened Aged Care Quality Standards



Standard 1

I am valued and have choices over the life I lead

Standard 2

I have confidence in my provider

Standard 3

My care is based around who I am and what's important to me

Standard 4

I feel safe and supported where I live

Standard 7

I contribute to the community I live in

Standard 6

I enjoy tasty nutritious foods every day

Standard 5

I get the right clinical care for me

Standard 6: Food and nutrition

WHAT ARE THE KEY CONCEPTS IN STRENGTHENED QUALITY Standard 4?

Strengthened Quality Standard 4 includes key concepts that mean you need to:

- work with people in your care to create an enjoyable food, drink and dining experience
- monitor and keep improving your food service
- develop and review menus with older people and relevant health professionals
- make sure people have choice about what, when, where and how they eat and drink
- support people to access nutritious snacks and drinks (including water) at all times
- make sure there are opportunities for people to share food and drinks with their visitors.

It also includes clarified expectations that mean you need to:

- follow food safety guidelines and requirements
- provide texture modified foods that people have agreed to eat
- improve dining experiences to encourage social engagement
- regularly assess menus and mealtimes.

Older people statement



I enjoy tasty and nutritious food everyday.

Worker statement



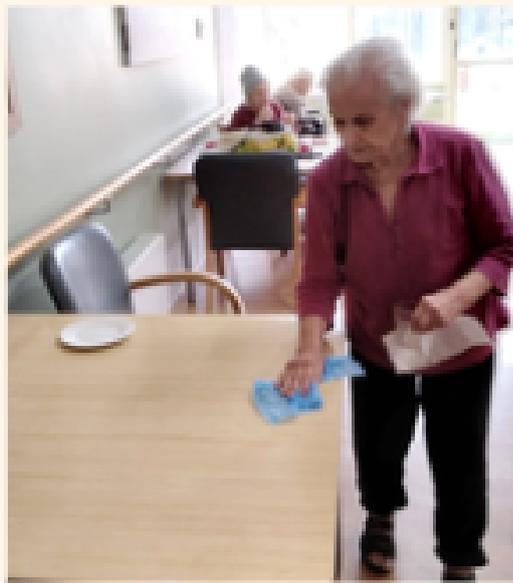
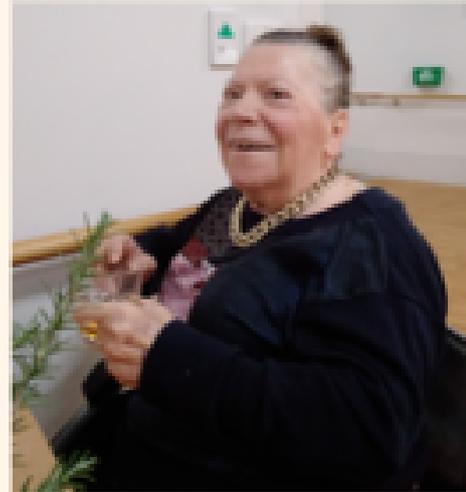
I make sure our residents enjoy appetising and nutritious food everyday.

This Standard helps you focus on:

- menu planning and design
- good nutrition and access to food and drink outside of planned meal times
- regular review and assessment of the nutritional needs of older people
- an enjoyable dining experience.

MAJA HRUDKA

From special one-on-one moments and music therapy to monthly entertainment, calming sensory sessions, and heart-warming animal therapy – our residents enjoy a variety of engaging activities every week.



TOPOLYA

In addition to our regular calendar of activities, Topolya residents can now look forward to a delicious BBQ in the café every second week of the month



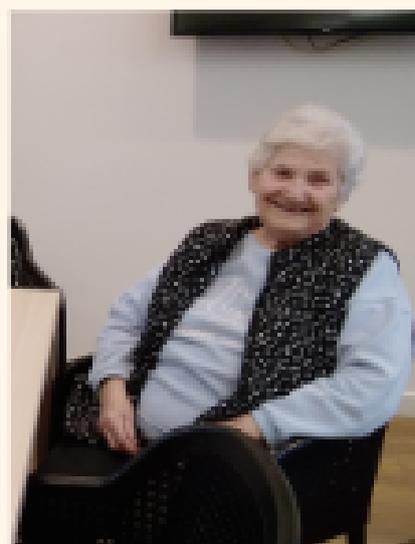
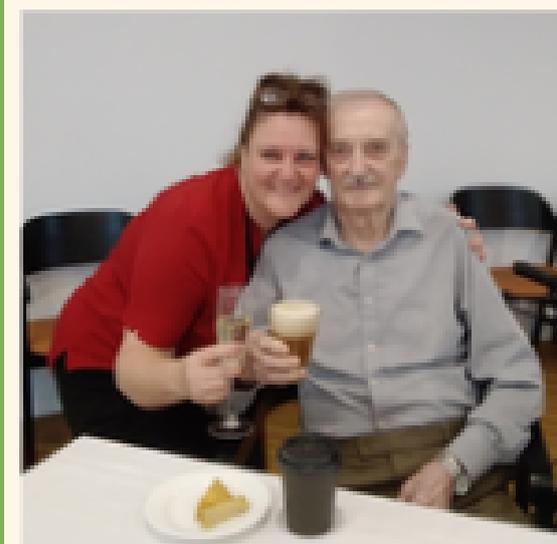
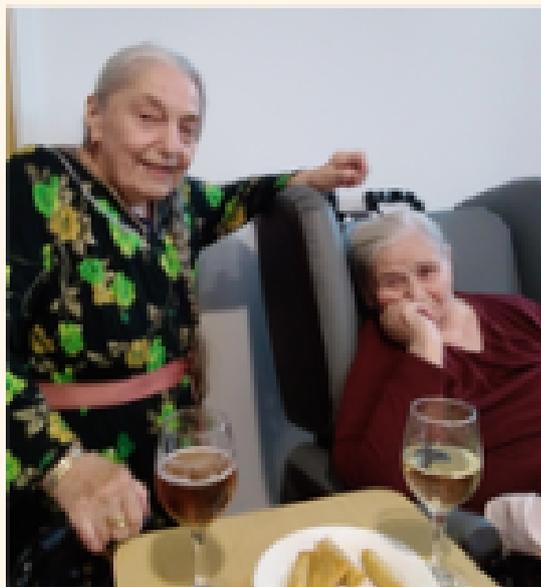
KONVALYIA

From a joyful visit by preschoolers and lively entertainment with Phil to our PJ Day event, BBQ, and more – Konvalyia residents enjoyed a month full of smiles and activities



SOSNA

Sosna residents enjoyed July with Bingo, PJ Day sausage sizzle, BBQs, Coffee Club, Happy Hour, and special one-on-one moments- Never a dull moment!







PAJAMA DAY

We thank all residents, staff and visitors for supporting our Pyjama Day event! Thank you for your GOLD COIN DONATION.. we have collected \$111.50 and FOSTER KIDS AUSTRALIA has received all the proceeds.

Christmas is just around the corner...

Another time of togetherness for all our residents, families and staff. Please be reminded of our party dates. We will be sending specific details separately.

Mon, 1 December - MH

Tues, 2 December- MH/ Topolya

Thurs, 4 December- Topolya

Fri, 5 December Topolya/ Sosna

Mon, 8 December- Sosna

Tues, 9 December- Sosna/ Konvalyia

Care Minutes Report for July 2025

Requirement: 224.62

Actual: 225.03

TARGET MET

We thank you all for your patience and support.

May your birthday be as special and extraordinary as you are...

Maria, Charles, Wladyslawa, Neda, John, Mirjana, Maria, Lorraine, Tetyana, Anna, Ivan, Lydia, Victoria, Fr. Dmytro, Dragica, Milica, Franjo

Happy Birthday!

Welcome to the Family

Saviour, Jovanka, Edwin

Thank You For Trust and Support

For any suggestions, compliments and complaints, please feel free to contact us:

info@kalynacare.com.au

Jennifer.ibanez@kalynacare.com.au

www.kalynacare.com.au/feedback/

Friendly Reminder

Kindly reschedule your visit if you feel unwell.

Thank you



Sending our sincerest condolences to the bereaved family of

Haido, Florisa, Alexandra, Vidan, Anka, Stefania

May you rest in peace.

