

THE SUNRISE

A Monthly Newsletter by



Kalyna Care

In the last few months, we have shared with you the New Strengthened Standards information for aged care. The change will take effect on the 1st of November 2025, and we are prepared to deliver the best quality care. Included in the new standards is the new statement of rights giving residents more choice and independence.



A new rights-based Aged Care Act

The new Aged Care Act will put the rights of older people first. It includes a Statement of Rights for older people accessing aged care services. This fact sheet is a plain language summary of those rights.

About the Statement of Rights

The Australian Government is changing Australia's aged care laws. The *Aged Care Act 2024* (the new Act) has a Statement of Rights. This explains what rights older people have when accessing aged care services funded by the Australian Government. The Statement of Rights will replace the current Charter of Aged Care Rights on 1 November 2025.

The full Statement of Rights from the new Act is at the end of this fact sheet.

What the Statement of Rights means for you

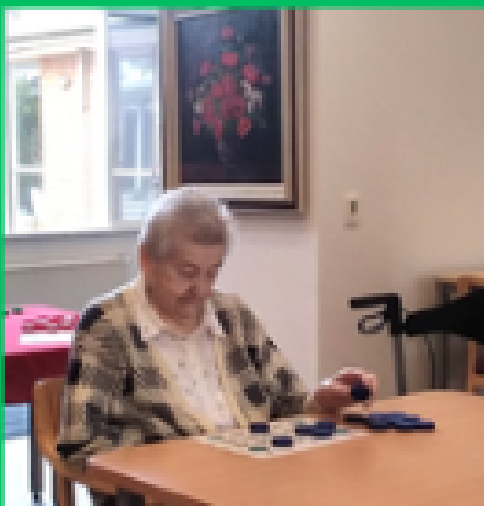
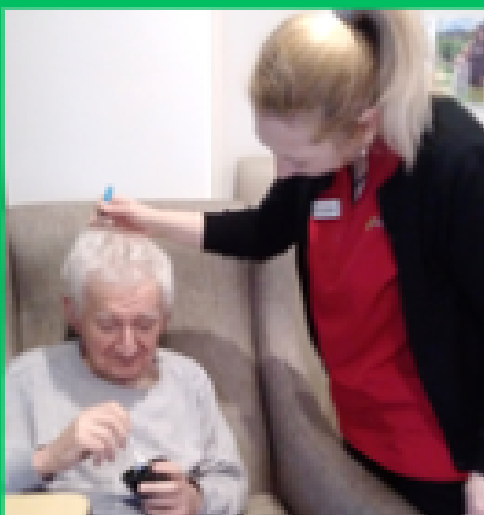
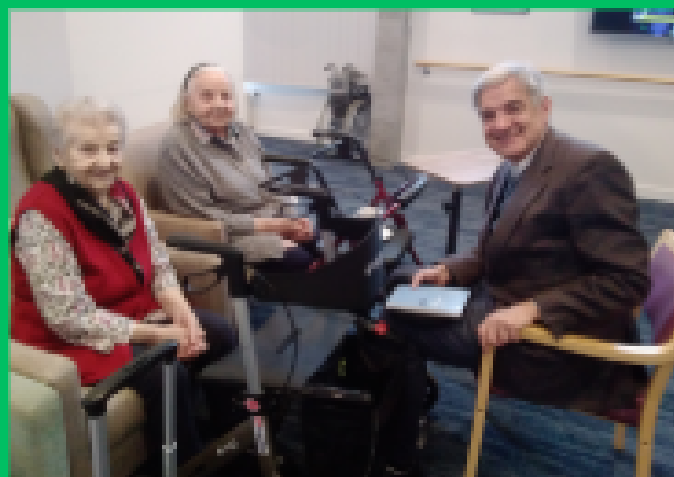
The Statement of Rights will help make sure you are at the centre of your aged care.

It gives you the right to:

- make your own decisions about your own life
- have your decisions not just accepted, but respected
- get information and support to help you make decisions
- communicate your wishes, needs and preferences
- feel safe and respected
- have your culture and identity respected
- stay connected with your community.

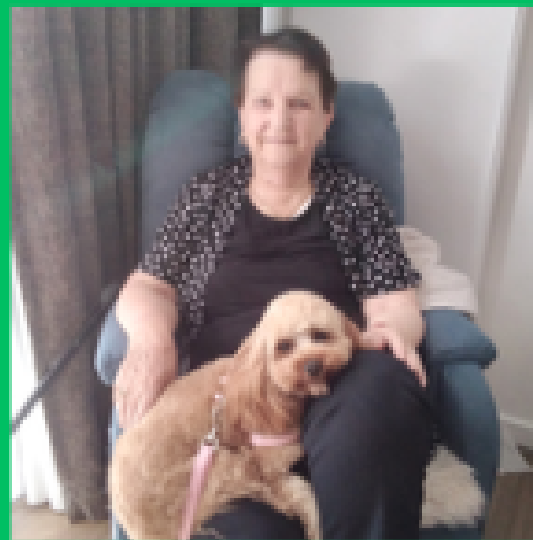
Konvalyia

Catching up with friends over coffee on Monday mornings, enjoying a glass of wine at Happy Hour, and dancing to Toshe's songs were just some of the fun moments our Konvalyia residents had this month. And let's not forget the Grand Final celebration — our big event for September!



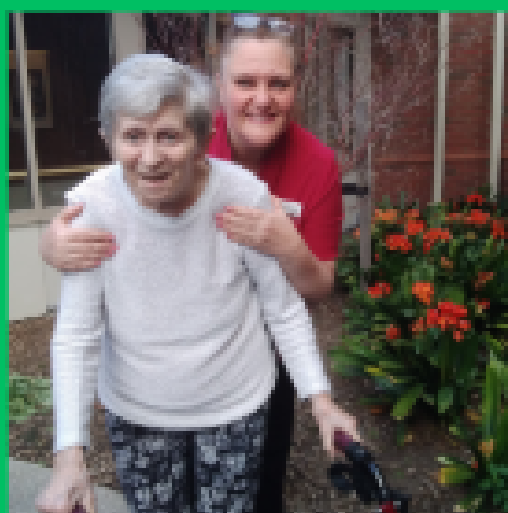
Topolya

Our Men's Shed group had a special outing to Sugar Gum Hotel this month. It's wonderful to see more of our male residents getting involved in activities and enjoying the bus trips. They shared a lovely lunch and even tried their luck on the pokies.



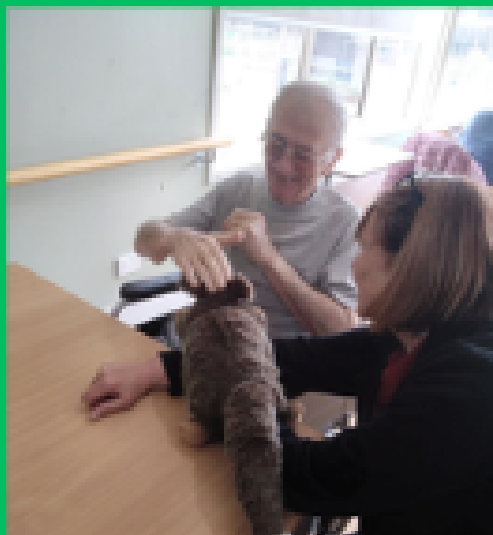
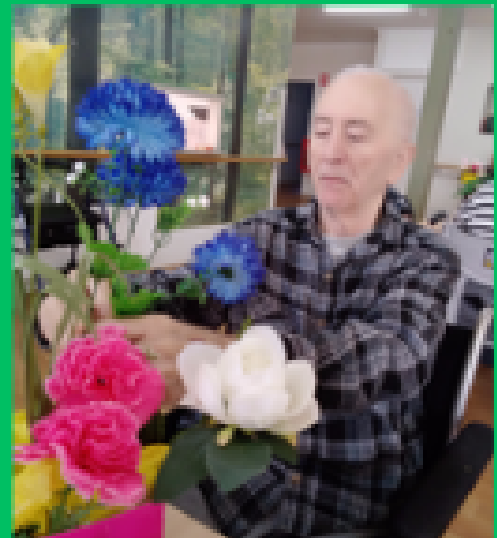
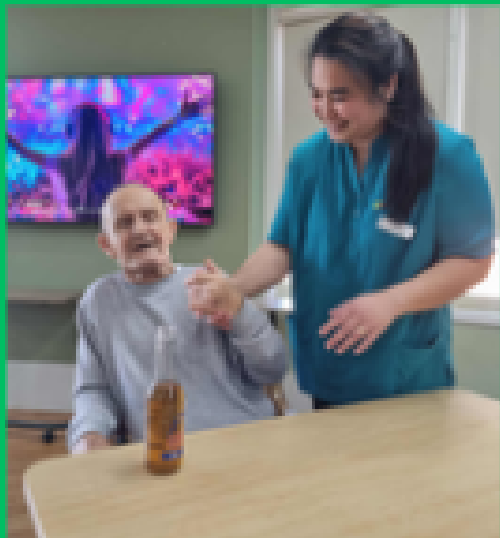
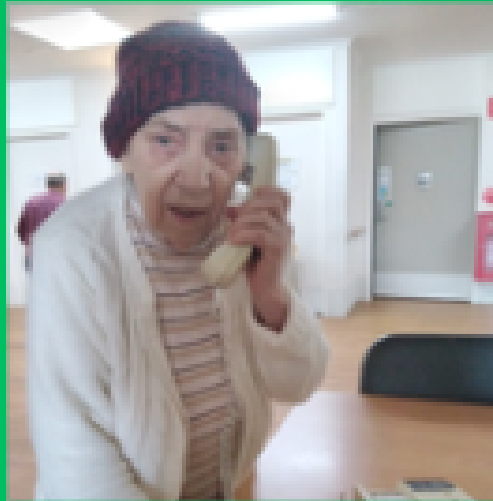
Sosna

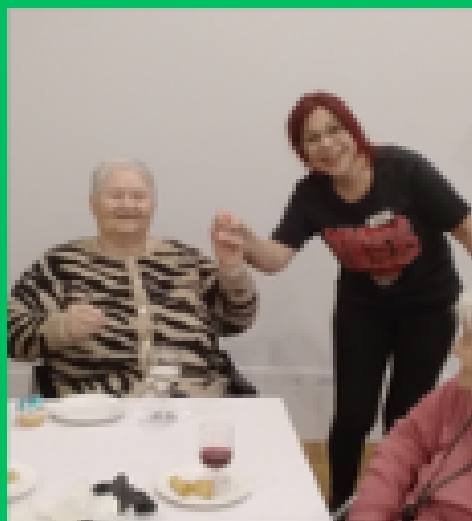
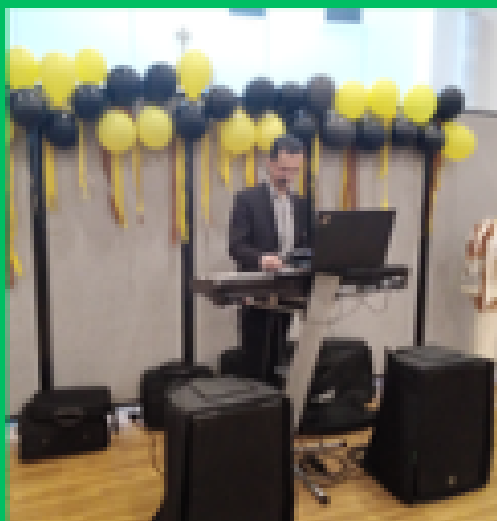
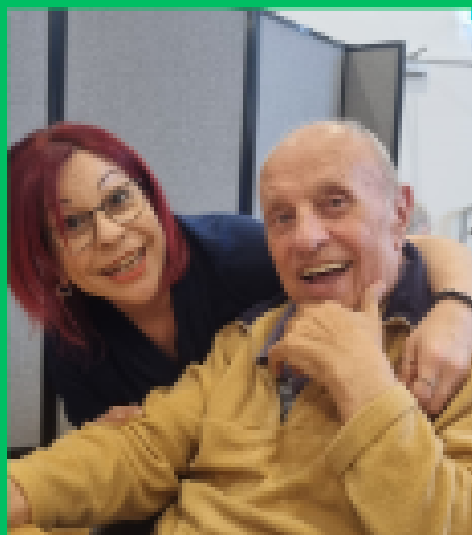
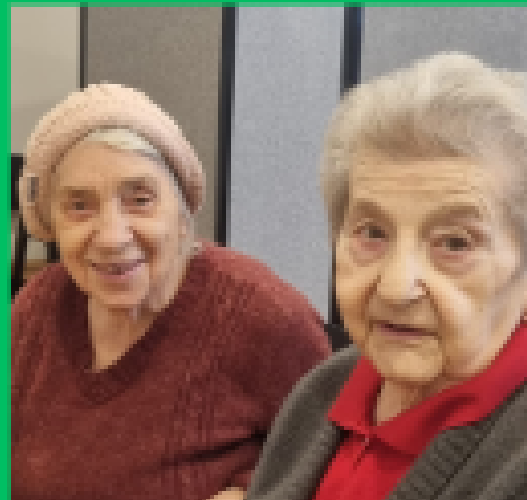
Sosna residents joined Topolya and Konvalyia residents for Bingo, Happy Hour, Coffee Club, BBQs, Gardening, and Craft activities – and of course, our big September event, the Grand Final!



Maja Hrudka

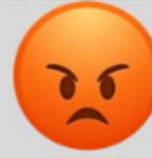
Our residents have been busy planting herbs, feeding the chickens, and enjoying their morning tea in the sunshine. We can't wait to soak up even more beautiful weather in the weeks ahead.





RU K? DAY



 LOVED	 EXCITED	 CALM
 WORRIED	 SILLY	 TIRED
IT'S OKAY TO FEEL:		
 SICK	 CONFUSED	 ANGRY
 SAD	 SHOCKED	 HAPPY

May your birthday be as special and extraordinary as you are...



Monika Dimitrija Renate Ruza, Maria
Sofia Eva Ilija Zivka Christa

TO ALL FAMILIES, PLEASE NOTE EMAIL ADDRESS AND MOBILE PHONE CONTACTS FOR EACH WING
Sosna- 0435 214 479, sosnanurse@kalynacare.com.au
Konvalyia- 0435 473 619, konvalyanurse@kalynacare.com.au
Topolya- 0481 348 178, topolyanurse@kalynacare.com.au
Maja Hrudka- 0478 933 062, mhnurse@kalynacare.com.au

TARGET NOT MET
Continuous Improvement Plan in place

We thank you all for your patience and support.

Welcome to the Family
Vasilious Slava Tome
Rosanda
Fatma Branko

Thank You For Trust and Support

For any suggestions, compliments and complaints, please feel free to contact us:
info@kalynacare.com.au
Jennifer.Ibanez@kalynacare.com.au
www.kalynacare.com.au/feedback/

Friendly Reminder
Kindly reschedule your visit if you feel unwell.
Thank you

Sending our sincerest condolences to the bereaved family of
Manorani Mariana Afanasy Josephine Bona